

## RSEQ Provincial 2023

### Résultats par équipe

#### Benjamin filles

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                            | 1   | 2   | 3   | 4   | 5   | 6 | 7 | 8 | 9 | 10 | Total |
|----------|-----------------------------------|-----|-----|-----|-----|-----|---|---|---|---|----|-------|
| 1        | LSL (Lac-Saint-Louis)             | 272 | 269 | 270 | 268 | 273 |   |   |   |   |    | 69    |
|          |                                   | 3   | 7   | 10  | 22  | 27  |   |   |   |   |    |       |
| 2        | MRG (Montérégie)                  | 356 | 350 | 351 | 352 | 355 |   |   |   |   |    | 90    |
|          |                                   | 12  | 15  | 18  | 19  | 26  |   |   |   |   |    |       |
| 3        | QCA (Québec-Chaudière-Appalaches) | 448 | 449 | 446 | 447 | 444 |   |   |   |   |    | 91    |
|          |                                   | 9   | 14  | 16  | 23  | 29  |   |   |   |   |    |       |
| 4        | MTL (Montréal)                    | 402 | 404 | 408 | 407 | 403 |   |   |   |   |    | 97    |
|          |                                   | 1   | 6   | 24  | 28  | 38  |   |   |   |   |    |       |
| 5        | MAU (Mauricie)                    | 309 | 310 | 307 | 312 | 306 |   |   |   |   |    | 132   |
|          |                                   | 11  | 13  | 17  | 41  | 50  |   |   |   |   |    |       |
| 6        | LL (Laurentides-Lanaudière)       | 219 | 222 | 218 | 220 | 221 |   |   |   |   |    | 136   |
|          |                                   | 4   | 8   | 31  | 45  | 48  |   |   |   |   |    |       |
| 7        | CE (Cantons-De-L'Est)             | 42  | 40  | 41  | 39  | 43  |   |   |   |   |    | 149   |
|          |                                   | 2   | 21  | 39  | 40  | 47  |   |   |   |   |    |       |
| 8        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 492 | 489 | 494 | 490 | 486 |   |   |   |   |    | 163   |
|          |                                   | 5   | 25  | 36  | 42  | 55  |   |   |   |   |    |       |
| 9        | CN (Côte-Nord)                    | 80  | 82  | 83  | 87  | 84  |   |   |   |   |    | 247   |
|          |                                   | 32  | 44  | 56  | 57  | 58  |   |   |   |   |    |       |
| 10       | AT (Abitibi-Témiscamingue)        | 3   | 6   | 5   | 4   | 2   |   |   |   |   |    | 276   |
|          |                                   | 20  | 53  | 62  | 68  | 73  |   |   |   |   |    |       |
| 11       | GMAA (Gmaa)                       | 155 | 152 | 156 |     |     |   |   |   |   |    | 356   |
|          |                                   | 59  | 67  | 76  | 77  | 77  |   |   |   |   |    |       |
| 12       | LAVAL (Laval)                     | 182 |     |     |     |     |   |   |   |   |    | 372   |
|          |                                   | 64  | 77  | 77  | 77  | 77  |   |   |   |   |    |       |
| 13       | EDQ (Est-Du-Québec)               | 135 |     |     |     |     |   |   |   |   |    | 378   |
|          |                                   | 70  | 77  | 77  | 77  | 77  |   |   |   |   |    |       |

**RSEQ Provincial 2023**

**Résultats détaillés par équipe**

**Benjamin filles**

| Position | Équipe                            | Dossard | Athlète                | Temps   | Points | Total |
|----------|-----------------------------------|---------|------------------------|---------|--------|-------|
| 1        | LSL (Lac-Saint-Louis)             | 272     | Köszegi, Heidi         | 12:56.5 | 3      | 69    |
|          |                                   | 269     | Gilbert-Sy, Sarah      | 13:14.6 | 7      |       |
|          |                                   | 270     | Joanette, Zoé          | 13:19.9 | 10     |       |
|          |                                   | 268     | Cromp, Chloé           | 14:02.4 | 22     |       |
|          |                                   | 273     | Martin, Norah          | 14:09.2 | 27     |       |
| 2        | MRG (Montérégie)                  | 356     | Legault-Alonzo, Leina  | 13:25.2 | 12     | 90    |
|          |                                   | 350     | Bender, Juliette       | 13:30.5 | 15     |       |
|          |                                   | 351     | Chavarini, Rafaela     | 13:44.0 | 18     |       |
|          |                                   | 352     | Deshaies, Rafaëlle     | 13:46.1 | 19     |       |
|          |                                   | 355     | Huynh Lavigneur, Maeva | 14:09.0 | 26     |       |
| 3        | QCA (Québec-Chaudière-Appalaches) | 448     | Lessard, Kiana         | 13:16.2 | 9      | 91    |
|          |                                   | 449     | Pouliot, Audrey        | 13:28.3 | 14     |       |
|          |                                   | 446     | Déry, Juliette         | 13:38.3 | 16     |       |
|          |                                   | 447     | Flamand, Clara         | 14:03.1 | 23     |       |
|          |                                   | 444     | Brown, Laurianne       | 14:12.9 | 29     |       |
| 4        | MTL (Montréal)                    | 402     | Barnes, Raphaëlle      | 12:45.2 | 1      | 97    |
|          |                                   | 404     | Einarson, Sarah        | 13:12.4 | 6      |       |
|          |                                   | 408     | Valcke, Florianne      | 14:05.1 | 24     |       |
|          |                                   | 407     | Tremblay, Nelianne     | 14:11.5 | 28     |       |
|          |                                   | 403     | Bolduc, Blanche        | 14:33.1 | 38     |       |
| 5        | MAU (Mauricie)                    | 309     | Lambert, Élodie        | 13:21.8 | 11     | 132   |
|          |                                   | 310     | Paquin, Zoey           | 13:27.5 | 13     |       |
|          |                                   | 307     | Brouillette, Emma-Rose | 13:39.6 | 17     |       |
|          |                                   | 312     | Thériault, Jasmine     | 14:36.6 | 41     |       |
|          |                                   | 306     | Allard, Rosalie        | 14:56.3 | 50     |       |
| 6        | LL (Laurentides-Lanaudière)       | 219     | Dufault, Laurie        | 13:03.6 | 4      | 136   |
|          |                                   | 222     | Ménard, Marine         | 13:16.1 | 8      |       |
|          |                                   | 218     | Bergeron, Rosalie      | 14:14.4 | 31     |       |
|          |                                   | 220     | Girard, Florence       | 14:44.7 | 45     |       |
|          |                                   | 221     | Malépart, Dorothée     | 14:48.8 | 48     |       |
| 7        | CE (Cantons-De-L'Est)             | 42      | Martin, Joliane        | 12:48.6 | 2      | 149   |
|          |                                   | 40      | Lapierre, Romie        | 14:02.4 | 21     |       |
|          |                                   | 41      | Lemieux, Justine       | 14:34.0 | 39     |       |
|          |                                   | 39      | Cannon, Félicia        | 14:35.0 | 40     |       |
|          |                                   | 43      | Nolet, Léticia         | 14:48.4 | 47     |       |
| 8        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 492     | Salesse, Sophia        | 13:11.0 | 5      | 163   |
|          |                                   | 489     | Imbeault, Joelle       | 14:06.1 | 25     |       |
|          |                                   | 494     | St-Gelais, Juliette    | 14:29.8 | 36     |       |
|          |                                   | 490     | Lamontagne, Anna       | 14:39.2 | 42     |       |
|          |                                   | 486     | Côté, Anne-Sophie      | 15:10.3 | 55     |       |
| 9        | CN (Côte-Nord)                    | 80      | Bélangier, Anaïs       | 14:20.8 | 32     | 247   |
|          |                                   | 82      | Boudreau, Élodie       | 14:42.8 | 44     |       |
|          |                                   | 83      | Boudreault, Mérédith   | 15:14.8 | 56     |       |
|          |                                   | 87      | Pelletier, Charlotte   | 15:20.8 | 57     |       |
|          |                                   | 84      | Dupont, Samuelle       | 15:21.9 | 58     |       |
| 10       | AT (Abitibi-Témiscamingue)        | 3       | Gélinas, Eve           | 13:47.2 | 20     | 276   |
|          |                                   | 6       | Zubka, Lili-Kate       | 15:08.5 | 53     |       |
|          |                                   | 5       | Oulhaj, Lilya          | 15:33.1 | 62     |       |
|          |                                   | 4       | Lafond, Kym            | 16:19.5 | 68     |       |

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**Résultats détaillés par équipe**

**Benjamin filles**

| Position | Équipe              | Dossard | Athlète             | Temps   | Points | Total |
|----------|---------------------|---------|---------------------|---------|--------|-------|
|          |                     | 2       | Dussaultt, Annaëlle | 16:41.1 | 73     |       |
| 11       | GMAA (Gmaa)         | 155     | McCabe, Daelynn     | 15:22.1 | 59     | 356   |
|          |                     | 152     | Brazeau, Juliette   | 16:17.9 | 67     |       |
|          |                     | 156     | Redahl, Liv         | 16:58.9 | 76     |       |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
| 12       | LAVAL (Laval)       | 182     | Bouchard, Juliette  | 15:37.6 | 64     | 372   |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
| 13       | EDQ (Est-Du-Québec) | 135     | Michaud, Rosalie    | 16:22.3 | 70     | 378   |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |
|          |                     |         |                     |         | 77     |       |

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**Résultats individuels**

**Benjamin filles**

| Position | Équipe                      | Dossard | Athlète                     | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|-----------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Montréal                    | 402     | Barnes, Raphaëlle           | 12:45.2 |     |    |     |       | 1                 |
| 2        | Cantons-De-L'Est            | 42      | Martin, Joliane             | 12:48.6 |     |    |     |       | 2                 |
| 3        | Lac-Saint-Louis             | 272     | Köszegi, Heidi              | 12:56.5 |     |    |     |       | 3                 |
| 4        | Laurentides-Lanaudière      | 219     | Dufault, Laurie             | 13:03.6 |     |    |     |       | 4                 |
| 5        | Saguenay-Lac-Saint-Jean     | 492     | Salesse, Sophia             | 13:11.0 |     |    |     |       | 5                 |
| 6        | Montréal                    | 404     | Einarson, Sarah             | 13:12.4 |     |    |     |       | 6                 |
| 7        | Lac-Saint-Louis             | 269     | Gilbert-Sy, Sarah           | 13:14.6 |     |    |     |       | 7                 |
| 8        | Laurentides-Lanaudière      | 222     | Ménard, Marine              | 13:16.1 |     |    |     |       | 8                 |
| 9        | Québec-Chaudière-Appalaches | 448     | Lessard, Kiana              | 13:16.2 |     |    |     |       | 9                 |
| 10       | Lac-Saint-Louis             | 270     | Joanette, Zoé               | 13:19.9 |     |    |     |       | 10                |
| 11       | Mauricie                    | 309     | Lambert, Élodie             | 13:21.8 |     |    |     |       | 11                |
| 12       | Montréal                    | 356     | Legault-Alonzo, Leina       | 13:25.2 |     |    |     |       | 12                |
| 13       | Mauricie                    | 310     | Paquin, Zoey                | 13:27.5 |     |    |     |       | 13                |
| 14       | Québec-Chaudière-Appalaches | 449     | Pouliot, Audrey             | 13:28.3 |     |    |     |       | 14                |
| 15       | Montréal                    | 350     | Bender, Juliette            | 13:30.5 |     |    |     |       | 15                |
| 16       | Québec-Chaudière-Appalaches | 446     | Déry, Juliette              | 13:38.3 |     |    |     |       | 16                |
| 17       | Mauricie                    | 307     | Brouillette, Emma-Rose      | 13:39.6 |     |    |     |       | 17                |
| 18       | Montréal                    | 351     | Chavarini, Rafaela          | 13:44.0 |     |    |     |       | 18                |
| 19       | Montréal                    | 352     | Deshais, Rafaele            | 13:46.1 |     |    |     |       | 19                |
| 20       | Abitibi-Témiscamingue       | 3       | Gélinas, Eve                | 13:47.2 |     |    |     |       | 20                |
| 21       | Cantons-De-L'Est            | 40      | Lapierre, Romie             | 14:02.4 |     |    |     |       | 21                |
| 22       | Lac-Saint-Louis             | 268     | Crompt, Chloé               | 14:02.4 |     |    |     |       | 22                |
| 23       | Québec-Chaudière-Appalaches | 447     | Flamand, Clara              | 14:03.1 |     |    |     |       | 23                |
| 24       | Montréal                    | 408     | Valcke, Florianne           | 14:05.1 |     |    |     |       | 24                |
| 25       | Saguenay-Lac-Saint-Jean     | 489     | Imbeault, Joelle            | 14:06.1 |     |    |     |       | 25                |
| 26       | Montréal                    | 355     | Huynh Lavigneur, Maeva      | 14:09.0 |     |    |     |       | 26                |
| 27       | Lac-Saint-Louis             | 273     | Martin, Norah               | 14:09.2 |     |    |     |       | 27                |
| 28       | Montréal                    | 407     | Tremblay, Nelianne          | 14:11.5 |     |    |     |       | 28                |
| 29       | Québec-Chaudière-Appalaches | 444     | Brown, Laurianne            | 14:12.9 |     |    |     |       | 29                |
| 30       | Montréal                    | 357     | Pinet, Lily                 | 14:13.0 |     |    |     |       | 30                |
| 31       | Laurentides-Lanaudière      | 218     | Bergeron, Rosalie           | 14:14.4 |     |    |     |       | 31                |
| 32       | Côte-Nord                   | 80      | Bélanger, Anais             | 14:20.8 |     |    |     |       | 32                |
| 33       | Lac-Saint-Louis             | 271     | Koszegi, Dali               | 14:24.6 |     |    |     |       | 33                |
| 34       | Québec-Chaudière-Appalaches | 450     | Rouleau, Jade               | 14:25.7 |     |    |     |       | 34                |
| 35       | Montréal                    | 354     | Guévin-Gérard, Charli-Maude | 14:29.3 |     |    |     |       | 35                |
| 36       | Saguenay-Lac-Saint-Jean     | 494     | St-Gelais, Juliette         | 14:29.8 |     |    |     |       | 36                |
| 37       | Lac-Saint-Louis             | 267     | Belhardi, Aryj              | 14:30.9 |     |    |     |       | 37                |
| 38       | Montréal                    | 403     | Bolduc, Blanche             | 14:33.1 |     |    |     |       | 38                |
| 39       | Cantons-De-L'Est            | 41      | Lemieux, Justine            | 14:34.0 |     |    |     |       | 39                |
| 40       | Cantons-De-L'Est            | 39      | Cannon, Félicia             | 14:35.0 |     |    |     |       | 40                |
| 41       | Mauricie                    | 312     | Thériault, Jasmine          | 14:36.6 |     |    |     |       | 41                |
| 42       | Saguenay-Lac-Saint-Jean     | 490     | Lamontagne, Anna            | 14:39.2 |     |    |     |       | 42                |
| 43       | Montréal                    | 353     | Ethier, Mia                 | 14:42.4 |     |    |     |       | 43                |
| 44       | Côte-Nord                   | 82      | Boudreau, Élodie            | 14:42.8 |     |    |     |       | 44                |
| 45       | Laurentides-Lanaudière      | 220     | Girard, Florence            | 14:44.7 |     |    |     |       | 45                |
| 46       | Montréal                    | 406     | Lafontaine Nguyen, Mia Xuan | 14:44.8 |     |    |     |       | 46                |
| 47       | Cantons-De-L'Est            | 43      | Nolet, Leticia              | 14:48.4 |     |    |     |       | 47                |
| 48       | Laurentides-Lanaudière      | 221     | Malépart, Dorothée          | 14:48.8 |     |    |     |       | 48                |
| 49       | Laurentides-Lanaudière      | 223     | Seminaro, Alison            | 14:51.4 |     |    |     |       | 49                |
| 50       | Mauricie                    | 306     | Allard, Rosalie             | 14:56.3 |     |    |     |       | 50                |
| 51       | Montréal                    | 405     | Garnier, Lea                | 15:04.8 |     |    |     |       | 51                |
| 52       | Mauricie                    | 308     | Demers, Milly               | 15:07.7 |     |    |     |       | 52                |
| 53       | Abitibi-Témiscamingue       | 6       | Zubka, Lili-Kate            | 15:08.5 |     |    |     |       | 53                |
| 54       | Mauricie                    | 311     | Richer, Lily Rose           | 15:08.6 |     |    |     |       | 54                |
| 55       | Saguenay-Lac-Saint-Jean     | 486     | Côté, Anne-Sophie           | 15:10.3 |     |    |     |       | 55                |
| 56       | Côte-Nord                   | 83      | Boudreault, Mérédith        | 15:14.8 |     |    |     |       | 56                |
| 57       | Côte-Nord                   | 87      | Pelletier, Charlotte        | 15:20.8 |     |    |     |       | 57                |
| 58       | Côte-Nord                   | 84      | Dupont, Samuelle            | 15:21.9 |     |    |     |       | 58                |
| 59       | Gmaa                        | 155     | McCabe, Daelynn             | 15:22.1 |     |    |     |       | 59                |
| 60       | Cantons-De-L'Est            | 38      | Blais, Marianne             | 15:25.5 |     |    |     |       | 60                |
| 61       | Saguenay-Lac-Saint-Jean     | 493     | Savard, Léanne              | 15:31.0 |     |    |     |       | 61                |

**RSEQ Provincial 2023**  
**Résultats individuels**  
**Benjamin filles**

| Position | Équipe                      | Dossard | Athlète            | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|--------------------|---------|-----|----|-----|-------|-------------------|
| 62       | Abitibi-Témiscamingue       | 5       | Oulhaj, Lilya      | 15:33.1 |     |    |     |       | 62                |
| 63       | Saguenay-Lac-Saint-Jean     | 491     | McNicol, Léonie    | 15:35.4 |     |    |     |       |                   |
| 64       | Laval                       | 182     | Bouchard, Juliette | 15:37.6 |     |    |     |       | 64                |
| 65       | Côte-Nord                   | 81      | Bottinelli, Élysée | 15:55.5 |     |    |     |       |                   |
| 66       | Cantons-De-L'Est            | 44      | Ouellette, Clara   | 16:06.7 |     |    |     |       |                   |
| 67       | Gmaa                        | 152     | Brazeau, Juliette  | 16:17.9 |     |    |     |       | 67                |
| 68       | Abitibi-Témiscamingue       | 4       | Lafond, Kym        | 16:19.5 |     |    |     |       | 68                |
| 69       | Saguenay-Lac-Saint-Jean     | 487     | Gagné, Britany     | 16:20.5 |     |    |     |       |                   |
| 70       | Est-Du-Québec               | 135     | Michaud, Rosalie   | 16:22.3 |     |    |     |       | 70                |
| 71       | Côte-Nord                   | 85      | Lavoie, Noémie     | 16:34.9 |     |    |     |       |                   |
| 72       | Saguenay-Lac-Saint-Jean     | 488     | Gagné, Florence    | 16:37.0 |     |    |     |       |                   |
| 73       | Abitibi-Témiscamingue       | 2       | Dussault, Annaëlle | 16:41.1 |     |    |     |       | 73                |
| 74       | Côte-Nord                   | 88      | Zicat, Chloé       | 16:41.8 |     |    |     |       |                   |
| 75       | Côte-Nord                   | 86      | Paquet, Alycia     | 16:54.8 |     |    |     |       |                   |
| 76       | Gmaa                        | 156     | Redahl, Liv        | 16:58.9 |     |    |     |       | 76                |
| 77       | Abitibi-Témiscamingue       | 1       | Crocker, Rose      |         | ✓   |    |     |       |                   |
| 78       | Gmaa                        | 154     | Kennedy, Kesanya   |         | ✓   |    |     |       |                   |
| 79       | Québec-Chaudière-Appalaches | 445     | Clément, Justine   |         | ✓   |    |     |       |                   |
| 80       | Gmaa                        | 153     | Couto, Lyla        |         |     |    |     | ✓     |                   |

## RSEQ Provincial 2023

### Résultats par équipe

#### Benjamin garçons

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                            | 1   | 2   | 3   | 4   | 5   | 6 | 7 | 8 | 9 | 10 | Total |
|----------|-----------------------------------|-----|-----|-----|-----|-----|---|---|---|---|----|-------|
| 1        | LL (Laurentides-Lanaudière)       | 225 | 229 | 227 | 224 | 228 |   |   |   |   |    | 46    |
|          |                                   | 1   | 3   | 9   | 13  | 20  |   |   |   |   |    |       |
| 2        | QCA (Québec-Chaudière-Appalaches) | 456 | 452 | 455 | 454 | 457 |   |   |   |   |    | 66    |
|          |                                   | 8   | 11  | 12  | 17  | 18  |   |   |   |   |    |       |
| 3        | MRG (Montréal)                    | 364 | 365 | 358 | 359 | 363 |   |   |   |   |    | 110   |
|          |                                   | 10  | 16  | 25  | 27  | 32  |   |   |   |   |    |       |
| 4        | MTL (Montréal)                    | 410 | 414 | 411 | 412 | 413 |   |   |   |   |    | 135   |
|          |                                   | 6   | 14  | 35  | 38  | 42  |   |   |   |   |    |       |
| 5        | MAU (Mauricie)                    | 317 | 313 | 315 | 319 | 316 |   |   |   |   |    | 148   |
|          |                                   | 5   | 15  | 39  | 40  | 49  |   |   |   |   |    |       |
| 6        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 499 | 500 | 502 | 495 | 496 |   |   |   |   |    | 152   |
|          |                                   | 19  | 24  | 29  | 37  | 43  |   |   |   |   |    |       |
| 7        | CE (Cantons-De-L'Est)             | 48  | 50  | 49  | 47  | 51  |   |   |   |   |    | 176   |
|          |                                   | 4   | 7   | 44  | 57  | 64  |   |   |   |   |    |       |
| 8        | AT (Abitibi-Témiscamingue)        | 9   | 7   | 8   |     |     |   |   |   |   |    | 243   |
|          |                                   | 21  | 31  | 41  | 75  | 75  |   |   |   |   |    |       |
| 9        | CN (Côte-Nord)                    | 93  | 95  | 89  | 96  | 94  |   |   |   |   |    | 269   |
|          |                                   | 34  | 53  | 54  | 63  | 65  |   |   |   |   |    |       |
| 10       | LAVAL (Laval)                     | 184 | 185 | 183 |     |     |   |   |   |   |    | 269   |
|          |                                   | 23  | 45  | 51  | 75  | 75  |   |   |   |   |    |       |
| 11       | LSL (Lac-Saint-Louis)             | 276 | 274 | 275 | 277 |     |   |   |   |   |    | 276   |
|          |                                   | 28  | 56  | 58  | 59  | 75  |   |   |   |   |    |       |
| 12       | EDQ (Est-Du-Québec)               | 137 | 136 |     |     |     |   |   |   |   |    | 288   |
|          |                                   | 2   | 61  | 75  | 75  | 75  |   |   |   |   |    |       |
| 13       | GMAA (Gmaa)                       | 157 | 158 | 159 |     |     |   |   |   |   |    | 369   |
|          |                                   | 72  | 73  | 74  | 75  | 75  |   |   |   |   |    |       |

**RSEQ Provincial 2023****Résultats détaillés par équipe****Benjamin garçons**

| Position | Équipe                            | Dossard | Athlète                            | Temps   | Points | Total |
|----------|-----------------------------------|---------|------------------------------------|---------|--------|-------|
| 1        | LL (Laurentides-Lanaudière)       | 225     | Choinière-Longpré, Léo             | 10:53.9 | 1      | 46    |
|          |                                   | 229     | Loignon, Arnaud                    | 11:03.0 | 3      |       |
|          |                                   | 227     | Guitard, Ibrahim                   | 12:00.5 | 9      |       |
|          |                                   | 224     | Brunet, Elie                       | 12:16.6 | 13     |       |
|          |                                   | 228     | Lapointe, Maveric                  | 12:44.4 | 20     |       |
| 2        | QCA (Québec-Chaudière-Appalaches) | 456     | Soanes, Logan                      | 11:59.2 | 8      | 66    |
|          |                                   | 452     | Dionne, Noah                       | 12:04.0 | 11     |       |
|          |                                   | 455     | Montminy, Samuel                   | 12:05.1 | 12     |       |
|          |                                   | 454     | Lizotte, Mathieu                   | 12:35.9 | 17     |       |
|          |                                   | 457     | Trad, Rafaël                       | 12:39.9 | 18     |       |
| 3        | MRG (Montérégie)                  | 364     | Leboeuf, Anakin                    | 12:03.2 | 10     | 110   |
|          |                                   | 365     | Vasileski, Nikola                  | 12:33.2 | 16     |       |
|          |                                   | 358     | Cayeux, Louis                      | 12:50.7 | 25     |       |
|          |                                   | 359     | Charland-Baillargeon, Philibert    | 12:54.6 | 27     |       |
|          |                                   | 363     | Hébert, Laurier                    | 13:03.9 | 32     |       |
| 4        | MTL (Montréal)                    | 410     | Blouin, Thomas                     | 11:57.4 | 6      | 135   |
|          |                                   | 414     | Turcotte, Benjamin                 | 12:19.5 | 14     |       |
|          |                                   | 411     | Lamothe, Alexandre                 | 13:05.5 | 35     |       |
|          |                                   | 412     | Rigoulot-Delattre, Timothee Pierre | 13:13.8 | 38     |       |
|          |                                   | 413     | Rocheport, Gabriel                 | 13:18.6 | 42     |       |
| 5        | MAU (Mauricie)                    | 317     | Hould, Justin                      | 11:49.0 | 5      | 148   |
|          |                                   | 313     | Bolduc, Zachary                    | 12:30.3 | 15     |       |
|          |                                   | 315     | Cormier, Thomas                    | 13:13.9 | 39     |       |
|          |                                   | 319     | Pinard, Philippe                   | 13:13.9 | 40     |       |
|          |                                   | 316     | Filion, Jacob                      | 13:29.3 | 49     |       |
| 6        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 499     | Mélançon, Thomas                   | 12:41.0 | 19     | 152   |
|          |                                   | 500     | Moreau, William                    | 12:49.4 | 24     |       |
|          |                                   | 502     | Savard, Charles                    | 12:56.9 | 29     |       |
|          |                                   | 495     | Cimon, Elliot                      | 13:10.1 | 37     |       |
|          |                                   | 496     | Côté, Simon-Pier                   | 13:18.7 | 43     |       |
| 7        | CE (Cantons-De-L'Est)             | 48      | Gagné, Simon                       | 11:40.4 | 4      | 176   |
|          |                                   | 50      | Leblanc, Alexis                    | 11:58.4 | 7      |       |
|          |                                   | 49      | Jean, Nicolas                      | 13:23.3 | 44     |       |
|          |                                   | 47      | Fréchette, Renaud                  | 13:41.3 | 57     |       |
|          |                                   | 51      | Mathieu, Thierry                   | 13:47.8 | 64     |       |
| 8        | AT (Abitibi-Témiscamingue)        | 9       | Toupin, Gabriel                    | 12:45.2 | 21     | 243   |
|          |                                   | 7       | Bastien, Elliot                    | 13:01.0 | 31     |       |
|          |                                   | 8       | Hardy, Alex                        | 13:14.6 | 41     |       |
|          |                                   |         |                                    |         | 75     |       |
|          |                                   |         |                                    |         | 75     |       |
| 9        | CN (Côte-Nord)                    | 93      | Robert, Hugo                       | 13:05.4 | 34     | 269   |
|          |                                   | 95      | Tremblay, Nathaniel                | 13:37.1 | 53     |       |
|          |                                   | 89      | Beaulieu, Vincent                  | 13:39.3 | 54     |       |
|          |                                   | 96      | Truchon, Étienne                   | 13:47.6 | 63     |       |
|          |                                   | 94      | St-Onge-Pinette, Marley            | 13:53.1 | 65     |       |
| 10       | LAVAL (Laval)                     | 184     | Potvin-Breton, Thomas              | 12:48.0 | 23     | 269   |
|          |                                   | 185     | Prénoveau, Alexis                  | 13:23.9 | 45     |       |
|          |                                   | 183     | El Hattab, Youssef                 | 13:33.0 | 51     |       |
|          |                                   |         |                                    |         | 75     |       |

**RSEQ Provincial 2023**

**Résultats détaillés par équipe**

**Benjamin garçons**

| Position | Équipe                | Dossard | Athlète             | Temps   | Points | Total |
|----------|-----------------------|---------|---------------------|---------|--------|-------|
|          |                       |         |                     |         | 75     |       |
| 11       | LSL (Lac-Saint-Louis) | 276     | Gascon, Thomas      | 12:55.4 | 28     | 276   |
|          |                       | 274     | Charbonnier, Hugo   | 13:40.8 | 56     |       |
|          |                       | 275     | Chevrier, Alexandre | 13:41.4 | 58     |       |
|          |                       | 277     | Sanfaçon, Hugo      | 13:44.6 | 59     |       |
|          |                       |         |                     |         | 75     |       |
| 12       | EDQ (Est-Du-Québec)   | 137     | Sirois, Isaac       | 10:58.8 | 2      | 288   |
|          |                       | 136     | Rioux, William      | 13:45.8 | 61     |       |
|          |                       |         |                     |         | 75     |       |
|          |                       |         |                     |         | 75     |       |
|          |                       |         |                     |         | 75     |       |
| 13       | GMAA (Gmaa)           | 157     | Delia, Yoann        | 14:29.3 | 72     | 369   |
|          |                       | 158     | Fernandes, Leo      | 15:48.1 | 73     |       |
|          |                       | 159     | Goard, Adam         | 15:48.7 | 74     |       |
|          |                       |         |                     |         | 75     |       |
|          |                       |         |                     |         | 75     |       |



**RSEQ Provincial 2023**

**Résultats individuels**

**Benjamin garçons**

| Position | Équipe                      | Dossard | Athlète                            | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|------------------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Laurentides-Lanaudière      | 225     | Choinière-Longpré, Léo             | 10:53.9 |     |    |     |       | 1                 |
| 2        | Est-Du-Québec               | 137     | Sirois, Isaac                      | 10:58.8 |     |    |     |       | 2                 |
| 3        | Laurentides-Lanaudière      | 229     | Loignon, Arnaud                    | 11:03.0 |     |    |     |       | 3                 |
| 4        | Cantons-De-L'Est            | 48      | Gagné, Simon                       | 11:40.4 |     |    |     |       | 4                 |
| 5        | Mauricie                    | 317     | Hould, Justin                      | 11:49.0 |     |    |     |       | 5                 |
| 6        | Montréal                    | 410     | Blouin, Thomas                     | 11:57.4 |     |    |     |       | 6                 |
| 7        | Cantons-De-L'Est            | 50      | Leblanc, Alexis                    | 11:58.4 |     |    |     |       | 7                 |
| 8        | Québec-Chaudière-Appalaches | 456     | Soanes, Logan                      | 11:59.2 |     |    |     |       | 8                 |
| 9        | Laurentides-Lanaudière      | 227     | Guitard, Ibrahim                   | 12:00.5 |     |    |     |       | 9                 |
| 10       | Montréal                    | 364     | Leboeuf, Anakin                    | 12:03.2 |     |    |     |       | 10                |
| 11       | Québec-Chaudière-Appalaches | 452     | Dionne, Noah                       | 12:04.0 |     |    |     |       | 11                |
| 12       | Québec-Chaudière-Appalaches | 455     | Montminy, Samuel                   | 12:05.1 |     |    |     |       | 12                |
| 13       | Laurentides-Lanaudière      | 224     | Brunet, Elie                       | 12:16.6 |     |    |     |       | 13                |
| 14       | Montréal                    | 414     | Turcotte, Benjamin                 | 12:19.5 |     |    |     |       | 14                |
| 15       | Mauricie                    | 313     | Bolduc, Zachary                    | 12:30.3 |     |    |     |       | 15                |
| 16       | Montréal                    | 365     | Vasileski, Nikola                  | 12:33.2 |     |    |     |       | 16                |
| 17       | Québec-Chaudière-Appalaches | 454     | Lizotte, Mathieu                   | 12:35.9 |     |    |     |       | 17                |
| 18       | Québec-Chaudière-Appalaches | 457     | Trad, Rafaël                       | 12:39.9 |     |    |     |       | 18                |
| 19       | Saguenay-Lac-Saint-Jean     | 499     | Mélançon, Thomas                   | 12:41.0 |     |    |     |       | 19                |
| 20       | Laurentides-Lanaudière      | 228     | Lapointe, Maveric                  | 12:44.4 |     |    |     |       | 20                |
| 21       | Abitibi-Témiscamingue       | 9       | Toupin, Gabriel                    | 12:45.2 |     |    |     |       | 21                |
| 22       | Laurentides-Lanaudière      | 226     | Faust, Lucas                       | 12:47.3 |     |    |     |       |                   |
| 23       | Laval                       | 184     | Potvin-Breton, Thomas              | 12:48.0 |     |    |     |       | 23                |
| 24       | Saguenay-Lac-Saint-Jean     | 500     | Moreau, William                    | 12:49.4 |     |    |     |       | 24                |
| 25       | Montréal                    | 358     | Cayeux, Louis                      | 12:50.7 |     |    |     |       | 25                |
| 26       | Québec-Chaudière-Appalaches | 453     | Gagnon, Vincent                    | 12:52.9 |     |    |     |       |                   |
| 27       | Montréal                    | 359     | Charland-Baillargeon, Philibert    | 12:54.6 |     |    |     |       | 27                |
| 28       | Lac-Saint-Louis             | 276     | Gascon, Thomas                     | 12:55.4 |     |    |     |       | 28                |
| 29       | Saguenay-Lac-Saint-Jean     | 502     | Savard, Charles                    | 12:56.9 |     |    |     |       | 29                |
| 30       | Québec-Chaudière-Appalaches | 451     | Claveau, François                  | 12:57.2 |     |    |     |       |                   |
| 31       | Abitibi-Témiscamingue       | 7       | Bastien, Elliot                    | 13:01.0 |     |    |     |       | 31                |
| 32       | Montréal                    | 363     | Hébert, Laurier                    | 13:03.9 |     |    |     |       | 32                |
| 33       | Montréal                    | 360     | Côté, Jérôme                       | 13:04.8 |     |    |     |       |                   |
| 34       | Côte-Nord                   | 93      | Robert, Hugo                       | 13:05.4 |     |    |     |       | 34                |
| 35       | Montréal                    | 411     | Lamothe, Alexandre                 | 13:05.5 |     |    |     |       | 35                |
| 36       | Montréal                    | 362     | Gauthier, Maxim                    | 13:09.4 |     |    |     |       |                   |
| 37       | Saguenay-Lac-Saint-Jean     | 495     | Cimon, Elliot                      | 13:10.1 |     |    |     |       | 37                |
| 38       | Montréal                    | 412     | Rigoulot-Delattre, Timothee Pierre | 13:13.8 |     |    |     |       | 38                |
| 39       | Mauricie                    | 315     | Cormier, Thomas                    | 13:13.9 |     |    |     |       | 39                |
| 40       | Mauricie                    | 319     | Pinard, Philippe                   | 13:13.9 |     |    |     |       | 40                |
| 41       | Abitibi-Témiscamingue       | 8       | Hardy, Alex                        | 13:14.6 |     |    |     |       | 41                |
| 42       | Montréal                    | 413     | Rocheffort, Gabriel                | 13:18.6 |     |    |     |       | 42                |
| 43       | Saguenay-Lac-Saint-Jean     | 496     | Côté, Simon-Pier                   | 13:18.7 |     |    |     |       | 43                |
| 44       | Cantons-De-L'Est            | 49      | Jean, Nicolas                      | 13:23.3 |     |    |     |       | 44                |
| 45       | Laval                       | 185     | Prénoveau, Alexis                  | 13:23.9 |     |    |     |       | 45                |
| 46       | Montréal                    | 409     | Arsenault, Arthur                  | 13:25.9 |     |    |     |       |                   |
| 47       | Saguenay-Lac-Saint-Jean     | 497     | Desgagné, Alexandre                | 13:27.7 |     |    |     |       |                   |
| 48       | Saguenay-Lac-Saint-Jean     | 498     | Dufour, Sam                        | 13:29.0 |     |    |     |       |                   |
| 49       | Mauricie                    | 316     | Filion, Jacob                      | 13:29.3 |     |    |     |       | 49                |
| 50       | Saguenay-Lac-Saint-Jean     | 503     | Vandal, Alex                       | 13:30.1 |     |    |     |       |                   |
| 51       | Laval                       | 183     | El Hattab, Youssef                 | 13:33.0 |     |    |     |       | 51                |
| 52       | Saguenay-Lac-Saint-Jean     | 501     | Pedneault, Jérémy                  | 13:36.0 |     |    |     |       |                   |
| 53       | Côte-Nord                   | 95      | Tremblay, Nathaniel                | 13:37.1 |     |    |     |       | 53                |
| 54       | Côte-Nord                   | 89      | Beaulieu, Vincent                  | 13:39.3 |     |    |     |       | 54                |
| 55       | Mauricie                    | 318     | Pinard, Charles                    | 13:39.9 |     |    |     |       |                   |
| 56       | Lac-Saint-Louis             | 274     | Charbonnier, Hugo                  | 13:40.8 |     |    |     |       | 56                |
| 57       | Cantons-De-L'Est            | 47      | Fréchette, Renaud                  | 13:41.3 |     |    |     |       | 57                |
| 58       | Lac-Saint-Louis             | 275     | Chevrier, Alexandre                | 13:41.4 |     |    |     |       | 58                |
| 59       | Lac-Saint-Louis             | 277     | Sanfaçon, Hugo                     | 13:44.6 |     |    |     |       | 59                |
| 60       | Mauricie                    | 314     | Caron, Éloi                        | 13:45.8 |     |    |     |       |                   |
| 61       | Est-Du-Québec               | 136     | Rioux, William                     | 13:45.8 |     |    |     |       | 61                |

**RSEQ Provincial 2023**

**Résultats individuels**

**Benjamin garçons**

| Position | Équipe                 | Dossard | Athlète                 | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|------------------------|---------|-------------------------|---------|-----|----|-----|-------|-------------------|
| 62       | Montérégie             | 361     | Falconi, Laurent        | 13:46.7 |     |    |     |       |                   |
| 63       | Côte-Nord              | 96      | Truchon, Étienne        | 13:47.6 |     |    |     |       | 63                |
| 64       | Cantons-De-L'Est       | 51      | Mathieu, Thierry        | 13:47.8 |     |    |     |       | 64                |
| 65       | Côte-Nord              | 94      | St-Onge-Pinette, Marley | 13:53.1 |     |    |     |       | 65                |
| 66       | Cantons-De-L'Est       | 45      | Delisle, Félix          | 13:55.2 |     |    |     |       |                   |
| 67       | Côte-Nord              | 90      | Charest, Simon          | 13:55.7 |     |    |     |       |                   |
| 68       | Cantons-De-L'Est       | 52      | Rousseau, Mani          | 13:56.3 |     |    |     |       |                   |
| 69       | Côte-Nord              | 91      | Février, Kingston       | 13:58.4 |     |    |     |       |                   |
| 70       | Cantons-De-L'Est       | 46      | Evers, Anthony          | 14:00.2 |     |    |     |       |                   |
| 71       | Côte-Nord              | 92      | McKenzie, Mickaël       | 14:08.8 |     |    |     |       |                   |
| 72       | Gmaa                   | 157     | Delia, Yoann            | 14:29.3 |     |    |     |       | 72                |
| 73       | Gmaa                   | 158     | Fernandes, Leo          | 15:48.1 |     |    |     |       | 73                |
| 74       | Gmaa                   | 159     | Goard, Adam             | 15:48.7 |     |    |     |       | 74                |
| 75       | Gmaa                   | 160     | Pernitsch, Jaxon        |         | ✓   |    |     |       |                   |
| 76       | Laurentides-Lanaudière | 230     | Ouellet, Hugo           |         | ✓   |    |     |       |                   |

## RSEQ Provincial 2023

### Résultats par équipe

#### Cadet filles

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                            | 1   | 2   | 3   | 4   | 5   | 6 | 7 | 8 | 9 | 10 | Total |
|----------|-----------------------------------|-----|-----|-----|-----|-----|---|---|---|---|----|-------|
| 1        | QCA (Québec-Chaudière-Appalaches) | 458 | 463 | 464 | 465 | 459 |   |   |   |   |    | 57    |
|          |                                   | 4   | 7   | 13  | 16  | 17  |   |   |   |   |    |       |
| 2        | LL (Laurentides-Lanaudière)       | 237 | 238 | 231 | 232 | 236 |   |   |   |   |    | 69    |
|          |                                   | 3   | 5   | 11  | 23  | 27  |   |   |   |   |    |       |
| 3        | MTL (Montréal)                    | 415 | 418 | 419 | 417 | 422 |   |   |   |   |    | 86    |
|          |                                   | 2   | 12  | 18  | 24  | 30  |   |   |   |   |    |       |
| 4        | LSL (Lac-Saint-Louis)             | 278 | 282 | 280 | 281 | 283 |   |   |   |   |    | 126   |
|          |                                   | 6   | 14  | 21  | 34  | 51  |   |   |   |   |    |       |
| 5        | MAU (Mauricie)                    | 320 | 324 | 321 | 323 | 322 |   |   |   |   |    | 179   |
|          |                                   | 20  | 25  | 33  | 43  | 58  |   |   |   |   |    |       |
| 6        | CN (Côte-Nord)                    | 100 | 102 | 97  | 103 | 104 |   |   |   |   |    | 206   |
|          |                                   | 26  | 31  | 47  | 48  | 54  |   |   |   |   |    |       |
| 7        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 508 | 511 | 504 | 510 | 507 |   |   |   |   |    | 206   |
|          |                                   | 8   | 35  | 50  | 53  | 60  |   |   |   |   |    |       |
| 8        | CE (Cantons-De-L'Est)             | 60  | 55  | 54  | 58  | 59  |   |   |   |   |    | 206   |
|          |                                   | 9   | 28  | 36  | 66  | 67  |   |   |   |   |    |       |
| 9        | MRG (Montérégie)                  | 370 | 367 | 371 | 372 | 369 |   |   |   |   |    | 215   |
|          |                                   | 29  | 38  | 41  | 46  | 61  |   |   |   |   |    |       |
| 10       | EDQ (Est-Du-Québec)               | 143 | 139 | 142 | 140 | 138 |   |   |   |   |    | 219   |
|          |                                   | 1   | 10  | 57  | 69  | 82  |   |   |   |   |    |       |
| 11       | LAVAL (Laval)                     | 188 | 189 | 187 | 186 |     |   |   |   |   |    | 302   |
|          |                                   | 15  | 49  | 73  | 79  | 86  |   |   |   |   |    |       |
| 12       | AT (Abitibi-Témiscamingue)        | 11  | 13  | 10  | 12  |     |   |   |   |   |    | 342   |
|          |                                   | 45  | 62  | 74  | 75  | 86  |   |   |   |   |    |       |
| 13       | GMAA (Gmaa)                       | 165 | 167 | 161 | 166 | 164 |   |   |   |   |    | 353   |
|          |                                   | 52  | 71  | 72  | 78  | 80  |   |   |   |   |    |       |

## RSEQ Provincial 2023

### Résultats détaillés par équipe

#### Cadet filles

| Position | Équipe                            | Dossard | Athlète                  | Temps   | Points | Total |
|----------|-----------------------------------|---------|--------------------------|---------|--------|-------|
| 1        | QCA (Québec-Chaudière-Appalaches) | 458     | Boucher-Herbas, Juliette | 16:53.6 | 4      | 57    |
|          |                                   | 463     | Richard, Camille         | 17:19.7 | 7      |       |
|          |                                   | 464     | Richard, Jeanne          | 17:40.9 | 13     |       |
|          |                                   | 465     | Savignac, Flavie         | 17:48.6 | 16     |       |
|          |                                   | 459     | Champoux, Sara           | 17:49.6 | 17     |       |
| 2        | LL (Laurentides-Lanaudière)       | 237     | Picard, Sarah-Ève        | 16:33.0 | 3      | 69    |
|          |                                   | 238     | Turgeon-Hervieux, Agathe | 17:01.5 | 5      |       |
|          |                                   | 231     | Blais, Éliane            | 17:35.9 | 11     |       |
|          |                                   | 232     | Fournier, Juliette       | 18:35.6 | 23     |       |
|          |                                   | 236     | Lettre, Maya             | 18:54.4 | 27     |       |
| 3        | MTL (Montréal)                    | 415     | Bardon, Amélie           | 16:31.4 | 2      | 86    |
|          |                                   | 418     | Callegher, Laura         | 17:40.4 | 12     |       |
|          |                                   | 419     | Desjardins, Laura        | 17:56.2 | 18     |       |
|          |                                   | 417     | Cabaret, Marie           | 18:38.9 | 24     |       |
|          |                                   | 422     | Payette, Rachelle        | 19:10.0 | 30     |       |
| 4        | LSL (Lac-Saint-Louis)             | 278     | Benchimol, Sarah         | 17:17.2 | 6      | 126   |
|          |                                   | 282     | Peeters, Mégane          | 17:45.2 | 14     |       |
|          |                                   | 280     | Girouard, Anne-Sophie    | 18:08.3 | 21     |       |
|          |                                   | 281     | Nadeau, Naomi            | 19:21.6 | 34     |       |
|          |                                   | 283     | Vaillancourt, Anne       | 20:10.9 | 51     |       |
| 5        | MAU (Mauricie)                    | 320     | Boucher, Angéline        | 18:04.3 | 20     | 179   |
|          |                                   | 324     | Roy, Alexia              | 18:50.6 | 25     |       |
|          |                                   | 321     | Lapointe, Rose           | 19:21.1 | 33     |       |
|          |                                   | 323     | Pinard, Olivia           | 19:44.1 | 43     |       |
|          |                                   | 322     | Lauwaet, Coralie         | 20:42.8 | 58     |       |
| 6        | CN (Côte-Nord)                    | 100     | Dion, Laurelou           | 18:50.9 | 26     | 206   |
|          |                                   | 102     | Martin, Elisabeth        | 19:10.6 | 31     |       |
|          |                                   | 97      | Bellemare, Alexia        | 19:47.1 | 47     |       |
|          |                                   | 103     | Pineault, Delphine       | 19:50.7 | 48     |       |
|          |                                   | 104     | Tremblay, Ann-Florence   | 20:22.1 | 54     |       |
| 7        | SAGLAC (Saguenay-Lac-Saint-Jean)  | 508     | Provencher, Maéva        | 17:26.1 | 8      | 206   |
|          |                                   | 511     | Tremblay, Delphine       | 19:23.3 | 35     |       |
|          |                                   | 504     | Allard, Alyson           | 20:06.2 | 50     |       |
|          |                                   | 510     | St-Pierre, Livia         | 20:18.4 | 53     |       |
|          |                                   | 507     | Gilbert, Alicia          | 20:45.1 | 60     |       |
| 8        | CE (Cantons-De-L'Est)             | 60      | Zuchoski, Romy           | 17:26.2 | 9      | 206   |
|          |                                   | 55      | Lapalme, Florence        | 19:01.1 | 28     |       |
|          |                                   | 54      | Gauthier, Alice          | 19:30.0 | 36     |       |
|          |                                   | 58      | Perreault, Sandrine      | 21:01.2 | 66     |       |
|          |                                   | 59      | Roby, Alizée             | 21:03.4 | 67     |       |
| 9        | MRG (Montérégie)                  | 370     | Jutras, Adèle            | 19:05.1 | 29     | 215   |
|          |                                   | 367     | Brûlé, Léonie            | 19:31.7 | 38     |       |
|          |                                   | 371     | Lavallée, Mégane         | 19:38.7 | 41     |       |
|          |                                   | 372     | Tardif, Léa-Rose         | 19:45.7 | 46     |       |
|          |                                   | 369     | Guimont-Phu, Maya        | 20:49.9 | 61     |       |
| 10       | EDQ (Est-Du-Québec)               | 143     | Thériault, Juliane       | 16:21.2 | 1      | 219   |
|          |                                   | 139     | Michaud, Rose-Marie      | 17:32.4 | 10     |       |
|          |                                   | 142     | Rioux, Frédérique        | 20:36.0 | 57     |       |
|          |                                   | 140     | Poirier-Girardin, Flavie | 21:08.5 | 69     |       |

**RSEQ Provincial 2023**

**Résultats détaillés par équipe**

**Cadet filles**

| Position | Équipe                     | Dossard | Athlète              | Temps   | Points | Total |
|----------|----------------------------|---------|----------------------|---------|--------|-------|
|          |                            | 138     | Boros, Maëva         | 22:54.5 | 82     |       |
| 11       | LAVAL (Laval)              | 188     | Longpré, Catherine   | 17:47.1 | 15     | 302   |
|          |                            | 189     | Marin, Charlotte     | 19:57.3 | 49     |       |
|          |                            | 187     | Légaré, Élizabeth    | 21:31.1 | 73     |       |
|          |                            | 186     | Cardin, Gabrielle    | 22:12.7 | 79     |       |
|          |                            |         |                      |         | 86     |       |
| 12       | AT (Abitibi-Témiscamingue) | 11      | Filiatrault, Mélyann | 19:45.6 | 45     | 342   |
|          |                            | 13      | Tremblay, Laurence   | 20:51.7 | 62     |       |
|          |                            | 10      | Ayotte, Magalie      | 21:38.4 | 74     |       |
|          |                            | 12      | Rheault, Mélodie     | 21:48.7 | 75     |       |
|          |                            |         |                      |         | 86     |       |
| 13       | GMAA (Gmaa)                | 165     | Guyot, Bianca        | 20:14.5 | 52     | 353   |
|          |                            | 167     | Reid, Emily          | 21:27.8 | 71     |       |
|          |                            | 161     | Chevalier, Brianna   | 21:29.0 | 72     |       |
|          |                            | 166     | Philipp, Emily       | 22:12.6 | 78     |       |
|          |                            | 164     | Greenfield, Emma     | 22:12.8 | 80     |       |

**RSEQ Provincial 2023****Résultats individuels****Cadet filles**

| Position | Équipe                      | Dossard | Athlète                  | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|--------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Est-Du-Québec               | 143     | Thériault, Juliane       | 16:21.2 |     |    |     |       | 1                 |
| 2        | Montréal                    | 415     | Bardon, Amélie           | 16:31.4 |     |    |     |       | 2                 |
| 3        | Laurentides-Lanaudière      | 237     | Picard, Sarah-Ève        | 16:33.0 |     |    |     |       | 3                 |
| 4        | Québec-Chaudière-Appalaches | 458     | Boucher-Herbas, Juliette | 16:53.6 |     |    |     |       | 4                 |
| 5        | Laurentides-Lanaudière      | 238     | Turgeon-Hervieux, Agathe | 17:01.5 |     |    |     |       | 5                 |
| 6        | Lac-Saint-Louis             | 278     | Benchimol, Sarah         | 17:17.2 |     |    |     |       | 6                 |
| 7        | Québec-Chaudière-Appalaches | 463     | Richard, Camille         | 17:19.7 |     |    |     |       | 7                 |
| 8        | Saguenay-Lac-Saint-Jean     | 508     | Provencher, Maéva        | 17:26.1 |     |    |     |       | 8                 |
| 9        | Cantons-De-L'Est            | 60      | Zuchoski, Romy           | 17:26.2 |     |    |     |       | 9                 |
| 10       | Est-Du-Québec               | 139     | Michaud, Rose-Marie      | 17:32.4 |     |    |     |       | 10                |
| 11       | Laurentides-Lanaudière      | 231     | Blais, Éliane            | 17:35.9 |     |    |     |       | 11                |
| 12       | Montréal                    | 418     | Callegher, Laura         | 17:40.4 |     |    |     |       | 12                |
| 13       | Québec-Chaudière-Appalaches | 464     | Richard, Jeanne          | 17:40.9 |     |    |     |       | 13                |
| 14       | Lac-Saint-Louis             | 282     | Peeters, Mégane          | 17:45.2 |     |    |     |       | 14                |
| 15       | Laval                       | 188     | Longpré, Catherine       | 17:47.1 |     |    |     |       | 15                |
| 16       | Québec-Chaudière-Appalaches | 465     | Savignac, Flavie         | 17:48.6 |     |    |     |       | 16                |
| 17       | Québec-Chaudière-Appalaches | 459     | Champoux, Sara           | 17:49.6 |     |    |     |       | 17                |
| 18       | Montréal                    | 419     | Desjardins, Laura        | 17:56.2 |     |    |     |       | 18                |
| 19       | Québec-Chaudière-Appalaches | 462     | Proulx, Clara            | 18:04.3 |     |    |     |       | 19                |
| 20       | Mauricie                    | 320     | Boucher, Angéline        | 18:04.3 |     |    |     |       | 20                |
| 21       | Lac-Saint-Louis             | 280     | Girouard, Anne-Sophie    | 18:08.3 |     |    |     |       | 21                |
| 22       | Québec-Chaudière-Appalaches | 460     | Duchesne, Ophélie        | 18:28.2 |     |    |     |       | 22                |
| 23       | Laurentides-Lanaudière      | 232     | Fournier, Juliette       | 18:35.6 |     |    |     |       | 23                |
| 24       | Montréal                    | 417     | Cabaret, Marie           | 18:38.9 |     |    |     |       | 24                |
| 25       | Mauricie                    | 324     | Roy, Alexia              | 18:50.6 |     |    |     |       | 25                |
| 26       | Côte-Nord                   | 100     | Dion, Laurelou           | 18:50.9 |     |    |     |       | 26                |
| 27       | Laurentides-Lanaudière      | 236     | Lettre, Maya             | 18:54.4 |     |    |     |       | 27                |
| 28       | Cantons-De-L'Est            | 55      | Lapalme, Florence        | 19:01.1 |     |    |     |       | 28                |
| 29       | Montérégie                  | 370     | Jutras, Adèle            | 19:05.1 |     |    |     |       | 29                |
| 30       | Montréal                    | 422     | Payette, Rachelle        | 19:10.0 |     |    |     |       | 30                |
| 31       | Côte-Nord                   | 102     | Martin, Elisabeth        | 19:10.6 |     |    |     |       | 31                |
| 32       | Laurentides-Lanaudière      | 234     | Henneuse, Maria-Camille  | 19:12.3 |     |    |     |       | 32                |
| 33       | Mauricie                    | 321     | Lapointe, Rose           | 19:21.1 |     |    |     |       | 33                |
| 34       | Lac-Saint-Louis             | 281     | Nadeau, Naomi            | 19:21.6 |     |    |     |       | 34                |
| 35       | Saguenay-Lac-Saint-Jean     | 511     | Tremblay, Delphine       | 19:23.3 |     |    |     |       | 35                |
| 36       | Cantons-De-L'Est            | 54      | Gauthier, Alice          | 19:30.0 |     |    |     |       | 36                |
| 37       | Montréal                    | 420     | Eid, Clara               | 19:30.2 |     |    |     |       | 37                |
| 38       | Montérégie                  | 367     | Brûlé, Léonie            | 19:31.7 |     |    |     |       | 38                |
| 39       | Montréal                    | 421     | Leblond, Violette        | 19:33.4 |     |    |     |       | 39                |
| 40       | Laurentides-Lanaudière      | 233     | Gendron, Chloé           | 19:34.6 |     |    |     |       | 40                |
| 41       | Montérégie                  | 371     | Lavallée, Mégane         | 19:38.7 |     |    |     |       | 41                |
| 42       | Laurentides-Lanaudière      | 235     | Jolicoeur, Sierra        | 19:43.5 |     |    |     |       | 42                |
| 43       | Mauricie                    | 323     | Pinard, Olivia           | 19:44.1 |     |    |     |       | 43                |
| 44       | Montréal                    | 416     | Bickell, Maya            | 19:44.2 |     |    |     |       | 44                |
| 45       | Abitibi-Témiscamingue       | 11      | Filiatrault, Mélyann     | 19:45.6 |     |    |     |       | 45                |
| 46       | Montérégie                  | 372     | Tardif, Léa-Rose         | 19:45.7 |     |    |     |       | 46                |
| 47       | Côte-Nord                   | 97      | Bellemare, Alexia        | 19:47.1 |     |    |     |       | 47                |
| 48       | Côte-Nord                   | 103     | Pineault, Delphine       | 19:50.7 |     |    |     |       | 48                |
| 49       | Laval                       | 189     | Marin, Charlotte         | 19:57.3 |     |    |     |       | 49                |
| 50       | Saguenay-Lac-Saint-Jean     | 504     | Allard, Alyson           | 20:06.2 |     |    |     |       | 50                |
| 51       | Lac-Saint-Louis             | 283     | Vaillancourt, Anne       | 20:10.9 |     |    |     |       | 51                |
| 52       | Gmaa                        | 165     | Guyot, Bianca            | 20:14.5 |     |    |     |       | 52                |
| 53       | Saguenay-Lac-Saint-Jean     | 510     | St-Pierre, Livia         | 20:18.4 |     |    |     |       | 53                |
| 54       | Côte-Nord                   | 104     | Tremblay, Ann-Florence   | 20:22.1 |     |    |     |       | 54                |
| 55       | Côte-Nord                   | 99      | Chiasson, Laurianne      | 20:22.9 |     |    |     |       | 55                |
| 56       | Lac-Saint-Louis             | 279     | Chevrier, Catherine      | 20:26.1 |     |    |     |       | 56                |
| 57       | Est-Du-Québec               | 142     | Rioux, Frédérique        | 20:36.0 |     |    |     |       | 57                |
| 58       | Mauricie                    | 322     | Lauwaet, Coralie         | 20:42.8 |     |    |     |       | 58                |
| 59       | Côte-Nord                   | 98      | Carbonneau, Marilou      | 20:44.8 |     |    |     |       | 59                |
| 60       | Saguenay-Lac-Saint-Jean     | 507     | Gilbert, Alicia          | 20:45.1 |     |    |     |       | 60                |
| 61       | Montérégie                  | 369     | Guimont-Phu, Maya        | 20:49.9 |     |    |     |       | 61                |

**RSEQ Provincial 2023**

**Résultats individuels**

**Cadet filles**

| Position | Équipe                      | Dossard | Athlète                  | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|--------------------------|---------|-----|----|-----|-------|-------------------|
| 62       | Abitibi-Témiscamingue       | 13      | Tremblay, Laurence       | 20:51.7 |     |    |     |       | 62                |
| 63       | Saguenay-Lac-Saint-Jean     | 505     | Coulombe, Raphaëlle      | 20:53.0 |     |    |     |       |                   |
| 64       | Montérégie                  | 366     | Bernier, Jeanne          | 20:55.4 |     |    |     |       |                   |
| 65       | Montérégie                  | 368     | Desmarais, Marie         | 21:00.2 |     |    |     |       |                   |
| 66       | Cantons-De-L'Est            | 58      | Perreault, Sandrine      | 21:01.2 |     |    |     |       | 66                |
| 67       | Cantons-De-L'Est            | 59      | Roby, Alizée             | 21:03.4 |     |    |     |       | 67                |
| 68       | Cantons-De-L'Est            | 53      | Boucher, Léanne          | 21:05.4 |     |    |     |       |                   |
| 69       | Est-Du-Québec               | 140     | Poirier-Girardin, Flavie | 21:08.5 |     |    |     |       | 69                |
| 70       | Côte-Nord                   | 101     | Gagnon, Gabrielle        | 21:22.3 |     |    |     |       |                   |
| 71       | Gmaa                        | 167     | Reid, Emily              | 21:27.8 |     |    |     |       | 71                |
| 72       | Gmaa                        | 161     | Chevalier, Brianna       | 21:29.0 |     |    |     |       | 72                |
| 73       | Laval                       | 187     | Légaré, Élizabéth        | 21:31.1 |     |    |     |       | 73                |
| 74       | Abitibi-Témiscamingue       | 10      | Ayotte, Magalie          | 21:38.4 |     |    |     |       | 74                |
| 75       | Abitibi-Témiscamingue       | 12      | Rheault, Mélodie         | 21:48.7 |     |    |     |       | 75                |
| 76       | Cantons-De-L'Est            | 57      | Lefebvre, Oriana         | 22:00.6 |     |    |     |       |                   |
| 77       | Saguenay-Lac-Saint-Jean     | 509     | Savard, Zoé              | 22:06.6 |     |    |     |       |                   |
| 78       | Gmaa                        | 166     | Philipp, Emily           | 22:12.6 |     |    |     |       | 78                |
| 79       | Laval                       | 186     | Cardin, Gabrielle        | 22:12.7 |     |    |     |       | 79                |
| 80       | Gmaa                        | 164     | Greenfield, Emma         | 22:12.8 |     |    |     |       | 80                |
| 81       | Gmaa                        | 162     | Couture, Mya             | 22:18.4 |     |    |     |       |                   |
| 82       | Est-Du-Québec               | 138     | Boros, Maëva             | 22:54.5 |     |    |     |       | 82                |
| 83       | Cantons-De-L'Est            | 56      | Laramée, Élia            | 23:04.0 |     |    |     |       |                   |
| 84       | Saguenay-Lac-Saint-Jean     | 506     | Gaudreault, Florence     | 23:33.7 |     |    |     |       |                   |
| 85       | Est-Du-Québec               | 141     | Renaud, Béatrice         | 27:25.5 |     |    |     |       |                   |
| 86       | Gmaa                        | 163     | Cundill, Mary            |         | ✓   |    |     |       |                   |
| 87       | Québec-Chaudière-Appalaches | 461     | Nadeau, Flavie           |         | ✓   |    |     |       |                   |
| 88       | Mauricie                    | 325     | St-Pierre, Frédérique    |         |     | ✓  |     |       |                   |

## RSEQ Provincial 2023

### Résultats par équipe

#### Cadet garçons

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                            | 1   | 2   | 3   | 4   | 5   | 6 | 7 | 8 | 9 | 10 | Total |
|----------|-----------------------------------|-----|-----|-----|-----|-----|---|---|---|---|----|-------|
| 1        | QCA (Québec-Chaudière-Appalaches) | 469 | 468 | 470 | 471 | 466 |   |   |   |   |    | 42    |
|          |                                   | 2   | 5   | 7   | 12  | 16  |   |   |   |   |    |       |
| 2        | MRG (Montréal)                    | 376 | 373 | 378 | 377 | 375 |   |   |   |   |    | 60    |
|          |                                   | 4   | 8   | 10  | 11  | 27  |   |   |   |   |    |       |
| 3        | LL (Laurentides-Lanaudière)       | 244 | 243 | 246 | 245 | 242 |   |   |   |   |    | 61    |
|          |                                   | 3   | 9   | 13  | 17  | 19  |   |   |   |   |    |       |
| 4        | CE (Cantons-De-L'Est)             | 65  | 66  | 64  | 62  | 63  |   |   |   |   |    | 98    |
|          |                                   | 1   | 15  | 25  | 28  | 29  |   |   |   |   |    |       |
| 5        | MTL (Montréal)                    | 429 | 425 | 424 | 426 | 423 |   |   |   |   |    | 110   |
|          |                                   | 6   | 14  | 26  | 31  | 33  |   |   |   |   |    |       |
| 6        | AT (Abitibi-Témiscamingue)        | 21  | 14  | 18  | 20  | 22  |   |   |   |   |    | 218   |
|          |                                   | 20  | 38  | 48  | 51  | 61  |   |   |   |   |    |       |
| 7        | LAVAL (Laval)                     | 195 | 191 | 192 | 196 | 190 |   |   |   |   |    | 234   |
|          |                                   | 23  | 24  | 57  | 64  | 66  |   |   |   |   |    |       |
| 8        | MAU (Mauricie)                    | 326 | 330 | 327 | 329 | 328 |   |   |   |   |    | 258   |
|          |                                   | 40  | 45  | 56  | 58  | 59  |   |   |   |   |    |       |
| 9        | LSL (Lac-Saint-Louis)             | 287 | 284 | 289 | 288 |     |   |   |   |   |    | 267   |
|          |                                   | 30  | 34  | 41  | 79  | 83  |   |   |   |   |    |       |
| 10       | SAGLAC (Saguenay-Lac-Saint-Jean)  | 516 | 519 | 512 | 517 | 514 |   |   |   |   |    | 275   |
|          |                                   | 39  | 53  | 55  | 63  | 65  |   |   |   |   |    |       |
| 11       | GMAA (Gmaa)                       | 170 | 172 | 169 | 168 | 171 |   |   |   |   |    | 277   |
|          |                                   | 32  | 44  | 60  | 70  | 71  |   |   |   |   |    |       |
| 12       | CN (Côte-Nord)                    | 106 | 107 | 108 | 105 | 109 |   |   |   |   |    | 366   |
|          |                                   | 67  | 68  | 73  | 78  | 80  |   |   |   |   |    |       |
| 13       | EDQ (Est-Du-Québec)               | 144 | 145 |     |     |     |   |   |   |   |    | 377   |
|          |                                   | 46  | 82  | 83  | 83  | 83  |   |   |   |   |    |       |



**RSEQ Provincial 2023**

**Résultats détaillés par équipe**

**Cadet garçons**

| Position | Équipe                            | Dossard | Athlète                     | Temps   | Points | Total |
|----------|-----------------------------------|---------|-----------------------------|---------|--------|-------|
| 1        | QCA (Québec-Chaudière-Appalaches) | 469     | Dionne, Xavier              | 14:42.3 | 2      | 42    |
|          |                                   | 468     | Comeau, Jakob               | 15:06.0 | 5      |       |
|          |                                   | 470     | Gagnon, Charles Elliot      | 15:23.8 | 7      |       |
|          |                                   | 471     | Lamontagne, Félix-Olivier   | 15:32.8 | 12     |       |
|          |                                   | 466     | Bouchard, Xavier            | 15:35.1 | 16     |       |
| 2        | MRG (Montérégie)                  | 376     | Leduc, Vincent              | 15:05.0 | 4      | 60    |
|          |                                   | 373     | Adrar, Elyane               | 15:27.5 | 8      |       |
|          |                                   | 378     | Ménard, Alexis              | 15:29.4 | 10     |       |
|          |                                   | 377     | Loiselle, Alexis            | 15:32.1 | 11     |       |
|          |                                   | 375     | Bertrand Paul, Marc-Antoine | 16:01.1 | 27     |       |
| 3        | LL (Laurentides-Lanaudière)       | 244     | Racine, Robi                | 15:01.7 | 3      | 61    |
|          |                                   | 243     | Marin, Émile                | 15:27.6 | 9      |       |
|          |                                   | 246     | Turgeon, Alexandre          | 15:32.8 | 13     |       |
|          |                                   | 245     | Sauvé-Moss, Frédéryck       | 15:38.1 | 17     |       |
|          |                                   | 242     | Maheu, Vincent              | 15:43.7 | 19     |       |
| 4        | CE (Cantons-De-L'Est)             | 65      | Gallant, Félix              | 14:39.4 | 1      | 98    |
|          |                                   | 66      | Lemieux, Thomas             | 15:33.9 | 15     |       |
|          |                                   | 64      | Côté, Xavier                | 15:58.3 | 25     |       |
|          |                                   | 62      | Cantin, Laurent             | 16:01.9 | 28     |       |
|          |                                   | 63      | Corriveau, Victor           | 16:03.3 | 29     |       |
| 5        | MTL (Montréal)                    | 429     | Rocheleau, Loïck            | 15:19.6 | 6      | 110   |
|          |                                   | 425     | David Lussier, Zac          | 15:32.9 | 14     |       |
|          |                                   | 424     | Castro Saldana, Sebastian   | 16:00.0 | 26     |       |
|          |                                   | 426     | Guechgache, Mohamed Yanis   | 16:03.4 | 31     |       |
|          |                                   | 423     | Boisvert, Victor            | 16:09.3 | 33     |       |
| 6        | AT (Abitibi-Témiscamingue)        | 21      | Sidjui, Paul                | 15:52.4 | 20     | 218   |
|          |                                   | 14      | Anctil, Alexandre           | 16:14.8 | 38     |       |
|          |                                   | 18      | Oulhaj, Mohamed Youssef     | 16:36.0 | 48     |       |
|          |                                   | 20      | Royer, Zackary              | 16:43.4 | 51     |       |
|          |                                   | 22      | Yergeau, Mark               | 17:22.5 | 61     |       |
| 7        | LAVAL (Laval)                     | 195     | Prenoveau, Loïc             | 15:55.3 | 23     | 234   |
|          |                                   | 191     | Benlamara, Mayas            | 15:56.6 | 24     |       |
|          |                                   | 192     | Clément, Louka              | 17:10.1 | 57     |       |
|          |                                   | 196     | Tabcharani, Jad             | 17:25.1 | 64     |       |
|          |                                   | 190     | Allaire, Mickael            | 17:31.4 | 66     |       |
| 8        | MAU (Mauricie)                    | 326     | Arguin, Hubert              | 16:16.5 | 40     | 258   |
|          |                                   | 330     | Thibodeau, Charles          | 16:28.7 | 45     |       |
|          |                                   | 327     | Babineau, Éloïc             | 17:08.0 | 56     |       |
|          |                                   | 329     | Normandin, Louka            | 17:10.8 | 58     |       |
|          |                                   | 328     | Fleurent, Thomas            | 17:13.2 | 59     |       |
| 9        | LSL (Lac-Saint-Louis)             | 287     | Li, Leo                     | 16:03.3 | 30     | 267   |
|          |                                   | 284     | Corriveaupinto, Rafael      | 16:11.1 | 34     |       |
|          |                                   | 289     | Mikhailov, Nicholas         | 16:21.9 | 41     |       |
|          |                                   | 288     | Lim, Émil                   | 18:22.9 | 79     |       |
|          |                                   |         |                             |         | 83     |       |
| 10       | SAGLAC (Saguenay-Lac-Saint-Jean)  | 516     | Imbeault, Eliot             | 16:15.3 | 39     | 275   |
|          |                                   | 519     | Simard, Louis-Xavier        | 16:57.7 | 53     |       |
|          |                                   | 512     | Bouchard, Félix             | 17:07.9 | 55     |       |
|          |                                   | 517     | Labbé, Olivier              | 17:23.1 | 63     |       |

**RSEQ Provincial 2023**

**Résultats détaillés par équipe**

**Cadet garçons**

| Position | Équipe              | Dossard | Athlète           | Temps   | Points | Total |
|----------|---------------------|---------|-------------------|---------|--------|-------|
|          |                     | 514     | Dion, Anthony     | 17:26.1 | 65     |       |
| 11       | GMAA (Gmaa)         | 170     | Coleman, Scott    | 16:07.9 | 32     | 277   |
|          |                     | 172     | Sears, Jordan     | 16:22.7 | 44     |       |
|          |                     | 169     | Bhanji, Alexandre | 17:17.7 | 60     |       |
|          |                     | 168     | Barclay, James    | 17:40.7 | 70     |       |
|          |                     | 171     | Hasse, Joshua     | 17:43.1 | 71     |       |
| 12       | CN (Côte-Nord)      | 106     | Lafrance, Maxim   | 17:33.3 | 67     | 366   |
|          |                     | 107     | Perron, Bastien   | 17:33.9 | 68     |       |
|          |                     | 108     | Pineault, Nicolas | 17:53.1 | 73     |       |
|          |                     | 105     | Garneau, Félix    | 18:14.0 | 78     |       |
|          |                     | 109     | Poirier, Félix    | 18:25.8 | 80     |       |
| 13       | EDQ (Est-Du-Québec) | 144     | Chartrand, Éli    | 16:29.0 | 46     | 377   |
|          |                     | 145     | Dubé, Maek        | 19:33.2 | 82     |       |
|          |                     |         |                   |         | 83     |       |
|          |                     |         |                   |         | 83     |       |
|          |                     |         |                   |         | 83     |       |

**RSEQ Provincial 2023**

**Résultats individuels**

**Cadet garçons**

| Position | Équipe                      | Dossard | Athlète                     | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-----------------------------|---------|-----------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Cantons-De-L'Est            | 65      | Gallant, Félix              | 14:39.4 |     |    |     |       | 1                 |
| 2        | Québec-Chaudière-Appalaches | 469     | Dionne, Xavier              | 14:42.3 |     |    |     |       | 2                 |
| 3        | Laurentides-Lanaudière      | 244     | Racine, Robi                | 15:01.7 |     |    |     |       | 3                 |
| 4        | Montréal                    | 376     | Leduc, Vincent              | 15:05.0 |     |    |     |       | 4                 |
| 5        | Québec-Chaudière-Appalaches | 468     | Comeau, Jakob               | 15:06.0 |     |    |     |       | 5                 |
| 6        | Montréal                    | 429     | Rocheleau, Loïck            | 15:19.6 |     |    |     |       | 6                 |
| 7        | Québec-Chaudière-Appalaches | 470     | Gagnon, Charles Elliot      | 15:23.8 |     |    |     |       | 7                 |
| 8        | Montréal                    | 373     | Adrar, Elyane               | 15:27.5 |     |    |     |       | 8                 |
| 9        | Laurentides-Lanaudière      | 243     | Marin, Émile                | 15:27.6 |     |    |     |       | 9                 |
| 10       | Montréal                    | 378     | Ménard, Alexis              | 15:29.4 |     |    |     |       | 10                |
| 11       | Montréal                    | 377     | Loiselle, Alexis            | 15:32.1 |     |    |     |       | 11                |
| 12       | Québec-Chaudière-Appalaches | 471     | Lamontagne, Félix-Olivier   | 15:32.8 |     |    |     |       | 12                |
| 13       | Laurentides-Lanaudière      | 246     | Turgeon, Alexandre          | 15:32.8 |     |    |     |       | 13                |
| 14       | Montréal                    | 425     | David Lussier, Zac          | 15:32.9 |     |    |     |       | 14                |
| 15       | Cantons-De-L'Est            | 66      | Lemieux, Thomas             | 15:33.9 |     |    |     |       | 15                |
| 16       | Québec-Chaudière-Appalaches | 466     | Bouchard, Xavier            | 15:35.1 |     |    |     |       | 16                |
| 17       | Laurentides-Lanaudière      | 245     | Sauvé-Moss, Frédéricryck    | 15:38.1 |     |    |     |       | 17                |
| 18       | Québec-Chaudière-Appalaches | 472     | Proulx, Elliot              | 15:42.5 |     |    |     |       |                   |
| 19       | Laurentides-Lanaudière      | 242     | Maheu, Vincent              | 15:43.7 |     |    |     |       | 19                |
| 20       | Abitibi-Témiscamingue       | 21      | Sidjui, Paul                | 15:52.4 |     |    |     |       | 20                |
| 21       | Québec-Chaudière-Appalaches | 467     | Bussièrès, Franklin         | 15:53.7 |     |    |     |       |                   |
| 22       | Québec-Chaudière-Appalaches | 473     | Savoie, Édouard             | 15:54.2 |     |    |     |       |                   |
| 23       | Laval                       | 195     | Prenoveau, Loïc             | 15:55.3 |     |    |     |       | 23                |
| 24       | Laval                       | 191     | Benlamara, Mayas            | 15:56.6 |     |    |     |       | 24                |
| 25       | Cantons-De-L'Est            | 64      | Côté, Xavier                | 15:58.3 |     |    |     |       | 25                |
| 26       | Montréal                    | 424     | Castro Saldana, Sebastian   | 16:00.0 |     |    |     |       | 26                |
| 27       | Montréal                    | 375     | Bertrand Paul, Marc-Antoine | 16:01.1 |     |    |     |       | 27                |
| 28       | Cantons-De-L'Est            | 62      | Cantin, Laurent             | 16:01.9 |     |    |     |       | 28                |
| 29       | Cantons-De-L'Est            | 63      | Corriveau, Victor           | 16:03.3 |     |    |     |       | 29                |
| 30       | Lac-Saint-Louis             | 287     | Li, Leo                     | 16:03.3 |     |    |     |       | 30                |
| 31       | Montréal                    | 426     | Guechgache, Mohamed Yanis   | 16:03.4 |     |    |     |       | 31                |
| 32       | Gmaa                        | 170     | Coleman, Scott              | 16:07.9 |     |    |     |       | 32                |
| 33       | Montréal                    | 423     | Boisvert, Victor            | 16:09.3 |     |    |     |       | 33                |
| 34       | Lac-Saint-Louis             | 284     | Corriveaupinto, Rafael      | 16:11.1 |     |    |     |       | 34                |
| 35       | Montréal                    | 379     | Picard, Louis               | 16:12.0 |     |    |     |       |                   |
| 36       | Cantons-De-L'Est            | 61      | Beaulac, Éliot              | 16:12.6 |     |    |     |       |                   |
| 37       | Laurentides-Lanaudière      | 239     | Charbonneau, Zak            | 16:13.5 |     |    |     |       |                   |
| 38       | Abitibi-Témiscamingue       | 14      | Anctil, Alexandre           | 16:14.8 |     |    |     |       | 38                |
| 39       | Saguenay-Lac-Saint-Jean     | 516     | Imbeault, Eliot             | 16:15.3 |     |    |     |       | 39                |
| 40       | Mauricie                    | 326     | Arguin, Hubert              | 16:16.5 |     |    |     |       | 40                |
| 41       | Lac-Saint-Louis             | 289     | Mikhailov, Nicholas         | 16:21.9 |     |    |     |       | 41                |
| 42       | Montréal                    | 374     | Bergeron, Antoine           | 16:22.0 |     |    |     |       |                   |
| 43       | Laurentides-Lanaudière      | 240     | Henry, Édouard              | 16:22.5 |     |    |     |       |                   |
| 44       | Gmaa                        | 172     | Sears, Jordan               | 16:22.7 |     |    |     |       | 44                |
| 45       | Mauricie                    | 330     | Thibodeau, Charles          | 16:28.7 |     |    |     |       | 45                |
| 46       | Est-Du-Québec               | 144     | Chartrand, Éli              | 16:29.0 |     |    |     |       | 46                |
| 47       | Montréal                    | 427     | Héroux, Jacob               | 16:33.3 |     |    |     |       |                   |
| 48       | Abitibi-Témiscamingue       | 18      | Oulhaj, Mohamed Youssef     | 16:36.0 |     |    |     |       | 48                |
| 49       | Cantons-De-L'Est            | 67      | Sumun, Liam                 | 16:39.5 |     |    |     |       |                   |
| 50       | Montréal                    | 430     | Tabellout, Anisse           | 16:40.3 |     |    |     |       |                   |
| 51       | Abitibi-Témiscamingue       | 20      | Royer, Zackary              | 16:43.4 |     |    |     |       | 51                |
| 52       | Laurentides-Lanaudière      | 241     | Jeaurond, Isaac             | 16:51.7 |     |    |     |       |                   |
| 53       | Saguenay-Lac-Saint-Jean     | 519     | Simard, Louis-Xavier        | 16:57.7 |     |    |     |       | 53                |
| 54       | Montréal                    | 428     | Lalonger, Rémi              | 17:03.8 |     |    |     |       |                   |
| 55       | Saguenay-Lac-Saint-Jean     | 512     | Bouchard, Félix             | 17:07.9 |     |    |     |       | 55                |
| 56       | Mauricie                    | 327     | Babineau, Éloïc             | 17:08.0 |     |    |     |       | 56                |
| 57       | Laval                       | 192     | Clément, Louka              | 17:10.1 |     |    |     |       | 57                |
| 58       | Mauricie                    | 329     | Normandin, Louka            | 17:10.8 |     |    |     |       | 58                |
| 59       | Mauricie                    | 328     | Fleurent, Thomas            | 17:13.2 |     |    |     |       | 59                |
| 60       | Gmaa                        | 169     | Bhanji, Alexandre           | 17:17.7 |     |    |     |       | 60                |
| 61       | Abitibi-Témiscamingue       | 22      | Yergeau, Mark               | 17:22.5 |     |    |     |       | 61                |

**RSEQ Provincial 2023**

**Résultats individuels**

**Cadet garçons**

| Position | Équipe                  | Dossard | Athlète                     | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-------------------------|---------|-----------------------------|---------|-----|----|-----|-------|-------------------|
| 62       | Abitibi-Témiscamingue   | 19      | Parent, Rémi                | 17:22.7 |     |    |     |       |                   |
| 63       | Saguenay-Lac-Saint-Jean | 517     | Labbé, Olivier              | 17:23.1 |     |    |     |       | 63                |
| 64       | Laval                   | 196     | Tabcharani, Jad             | 17:25.1 |     |    |     |       | 64                |
| 65       | Saguenay-Lac-Saint-Jean | 514     | Dion, Anthony               | 17:26.1 |     |    |     |       | 65                |
| 66       | Laval                   | 190     | Allaire, Mickael            | 17:31.4 |     |    |     |       | 66                |
| 67       | Côte-Nord               | 106     | Lafrance, Maxim             | 17:33.3 |     |    |     |       | 67                |
| 68       | Côte-Nord               | 107     | Perron, Bastien             | 17:33.9 |     |    |     |       | 68                |
| 69       | Saguenay-Lac-Saint-Jean | 518     | Pelletier, Xavier           | 17:37.1 |     |    |     |       |                   |
| 70       | Gmaa                    | 168     | Barclay, James              | 17:40.7 |     |    |     |       | 70                |
| 71       | Gmaa                    | 171     | Hasse, Joshua               | 17:43.1 |     |    |     |       | 71                |
| 72       | Laval                   | 193     | Jobin, Lucas                | 17:48.5 |     |    |     |       |                   |
| 73       | Côte-Nord               | 108     | Pineault, Nicolas           | 17:53.1 |     |    |     |       | 73                |
| 74       | Laval                   | 194     | Lefebvre, Anthony           | 18:02.3 |     |    |     |       |                   |
| 75       | Saguenay-Lac-Saint-Jean | 513     | Brassard, Raphaël           | 18:02.8 |     |    |     |       |                   |
| 76       | Saguenay-Lac-Saint-Jean | 515     | Fortin, Émile               | 18:02.8 |     |    |     |       |                   |
| 77       | Abitibi-Témiscamingue   | 15      | Champoux, Cédric            | 18:07.5 |     |    |     |       |                   |
| 78       | Côte-Nord               | 105     | Garneau, Félix              | 18:14.0 |     |    |     |       | 78                |
| 79       | Lac-Saint-Louis         | 288     | Lim, Émil                   | 18:22.9 |     |    |     |       | 79                |
| 80       | Côte-Nord               | 109     | Poirier, Félix              | 18:25.8 |     |    |     |       | 80                |
| 81       | Abitibi-Témiscamingue   | 17      | Lefebvre, Alexis            | 18:27.6 |     |    |     |       |                   |
| 82       | Est-Du-Québec           | 145     | Dubé, Maek                  | 19:33.2 |     |    |     |       | 82                |
| 83       | Côte-Nord               | 110     | Robichaud, Kamric           |         | ✓   |    |     |       |                   |
| 84       | Côte-Nord               | 111     | Turcotte, Thomas            |         | ✓   |    |     |       |                   |
| 85       | Lac-Saint-Louis         | 285     | Daneau, Zack                |         | ✓   |    |     |       |                   |
| 86       | Lac-Saint-Louis         | 286     | Gallon Joly, Louis-Philippe |         | ✓   |    |     |       |                   |
| 87       | Abitibi-Témiscamingue   | 16      | Fiset, Cédric               |         |     | ✓  |     |       |                   |

## RSEQ Provincial 2023

### Résultats par équipe

#### Moustique filles

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                           | 1   | 2   | 3   | 4   | 5 | 6 | 7 | 8 | 9 | 10 | Total |
|----------|----------------------------------|-----|-----|-----|-----|---|---|---|---|---|----|-------|
| 1        | MRG (Montérégie)                 | 393 | 396 | 394 | 395 |   |   |   |   |   |    | 31    |
|          |                                  | 4   | 5   | 10  | 12  |   |   |   |   |   |    |       |
| 2        | MAU (Mauricie)                   | 342 | 344 | 343 | 341 |   |   |   |   |   |    | 49    |
|          |                                  | 1   | 9   | 19  | 20  |   |   |   |   |   |    |       |
| 3        | LAVAL (Laval)                    | 208 | 209 | 210 | 212 |   |   |   |   |   |    | 56    |
|          |                                  | 6   | 7   | 18  | 25  |   |   |   |   |   |    |       |
| 4        | LSL (Lac-Saint-Louis)            | 302 | 299 | 300 | 303 |   |   |   |   |   |    | 64    |
|          |                                  | 3   | 16  | 21  | 24  |   |   |   |   |   |    |       |
| 5        | CN (Côte-Nord)                   | 126 | 127 | 128 | 125 |   |   |   |   |   |    | 79    |
|          |                                  | 8   | 17  | 23  | 31  |   |   |   |   |   |    |       |
| 6        | LL (Laurentides-Lanaudière)      | 261 | 262 | 260 |     |   |   |   |   |   |    | 91    |
|          |                                  | 11  | 15  | 26  | 39  |   |   |   |   |   |    |       |
| 7        | SAGLAC (Saguenay-Lac-Saint-Jean) | 530 | 531 | 529 | 528 |   |   |   |   |   |    | 100   |
|          |                                  | 14  | 22  | 29  | 35  |   |   |   |   |   |    |       |
| 8        | EDQ (Est-Du-Québec)              | 150 |     |     |     |   |   |   |   |   |    | 119   |
|          |                                  | 2   | 39  | 39  | 39  |   |   |   |   |   |    |       |
| 9        | AT (Abitibi-Témiscamingue)       | 28  | 29  | 31  | 32  |   |   |   |   |   |    | 127   |
|          |                                  | 28  | 30  | 32  | 37  |   |   |   |   |   |    |       |

## RSEQ Provincial 2023

### Résultats détaillés par équipe

#### Moustique filles

| Position | Équipe                           | Dossard | Athlète                  | Temps   | Points | Total |
|----------|----------------------------------|---------|--------------------------|---------|--------|-------|
| 1        | MRG (Montérégie)                 | 393     | Belzile, Maya            | 9:50.5  | 4      | 31    |
|          |                                  | 396     | Sauriol, Blanche         | 9:51.2  | 5      |       |
|          |                                  | 394     | Gauvin, Clara-Eve        | 10:02.2 | 10     |       |
|          |                                  | 395     | Marcotte, Magalie        | 10:11.4 | 12     |       |
| 2        | MAU (Mauricie)                   | 342     | Roberge, Jade            | 8:57.7  | 1      | 49    |
|          |                                  | 344     | Sirois, Kelya            | 10:00.0 | 9      |       |
|          |                                  | 343     | Robitaille, Eve          | 10:38.5 | 19     |       |
|          |                                  | 341     | Bousquet-Sangho, Maëline | 10:38.7 | 20     |       |
| 3        | LAVAL (Laval)                    | 208     | Da Costa-Senatus, Leyla  | 9:56.5  | 6      | 56    |
|          |                                  | 209     | Dubé, Kellie-Victoria    | 9:59.4  | 7      |       |
|          |                                  | 210     | McDowell, Leanne         | 10:35.0 | 18     |       |
|          |                                  | 212     | Remtoulah, Inaya         | 10:48.0 | 25     |       |
| 4        | LSL (Lac-Saint-Louis)            | 302     | Landry, Mikaila          | 9:42.8  | 3      | 64    |
|          |                                  | 299     | Frenette, Charlie        | 10:30.3 | 16     |       |
|          |                                  | 300     | Hamel, Kaliyane          | 10:39.7 | 21     |       |
|          |                                  | 303     | Martin, Lilia            | 10:45.3 | 24     |       |
| 5        | CN (Côte-Nord)                   | 126     | Descormiers, Ariane      | 9:59.6  | 8      | 79    |
|          |                                  | 127     | Dufour, Marilou          | 10:32.7 | 17     |       |
|          |                                  | 128     | Gagnon, Daphnée          | 10:43.1 | 23     |       |
|          |                                  | 125     | Cuerrier, Élianne        | 11:01.9 | 31     |       |
| 6        | LL (Laurentides-Lanaudière)      | 261     | Lessard, Charlie         | 10:04.9 | 11     | 91    |
|          |                                  | 262     | Tardif, Elsa             | 10:28.0 | 15     |       |
|          |                                  | 260     | Lebuis, Mahée            | 10:55.5 | 26     |       |
|          |                                  |         |                          |         | 39     |       |
| 7        | SAGLAC (Saguenay-Lac-Saint-Jean) | 530     | Larouche, Evelyne        | 10:20.8 | 14     | 100   |
|          |                                  | 531     | Savard, Sara-Maude       | 10:40.3 | 22     |       |
|          |                                  | 529     | Guay, Léonie             | 11:00.5 | 29     |       |
|          |                                  | 528     | Genest, Rosalie          | 11:10.0 | 35     |       |
| 8        | EDQ (Est-Du-Québec)              | 150     | Brouillet, Ève           | 9:25.2  | 2      | 119   |
|          |                                  |         |                          |         | 39     |       |
|          |                                  |         |                          |         | 39     |       |
|          |                                  |         |                          |         | 39     |       |
| 9        | AT (Abitibi-Témiscamingue)       | 28      | Guertin, Ellie           | 10:58.7 | 28     | 127   |
|          |                                  | 29      | Perron, Logane           | 11:01.4 | 30     |       |
|          |                                  | 31      | Tremblay, Lydia          | 11:02.1 | 32     |       |
|          |                                  | 32      | Tremblay, Olivia         | 11:49.0 | 37     |       |

**RSEQ Provincial 2023**  
**Résultats individuels**  
**Moustique filles**

| Position | Équipe                  | Dossard | Athlète                  | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-------------------------|---------|--------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Mauricie                | 342     | Roberge, Jade            | 8:57.7  |     |    |     |       | 1                 |
| 2        | Est-Du-Québec           | 150     | Brouillet, Ève           | 9:25.2  |     |    |     |       | 2                 |
| 3        | Lac-Saint-Louis         | 302     | Landry, Mikaila          | 9:42.8  |     |    |     |       | 3                 |
| 4        | Montérégie              | 393     | Belzile, Maya            | 9:50.5  |     |    |     |       | 4                 |
| 5        | Montérégie              | 396     | Sauriol, Blanche         | 9:51.2  |     |    |     |       | 5                 |
| 6        | Laval                   | 208     | Da Costa-Senatus, Leyla  | 9:56.5  |     |    |     |       | 6                 |
| 7        | Laval                   | 209     | Dubé, Kellie-Victoria    | 9:59.4  |     |    |     |       | 7                 |
| 8        | Côte-Nord               | 126     | Descormiers, Ariane      | 9:59.6  |     |    |     |       | 8                 |
| 9        | Mauricie                | 344     | Sirois, Kelya            | 10:00.0 |     |    |     |       | 9                 |
| 10       | Montérégie              | 394     | Gauvin, Clara-Eve        | 10:02.2 |     |    |     |       | 10                |
| 11       | Laurentides-Lanaudière  | 261     | Lessard, Charlie         | 10:04.9 |     |    |     |       | 11                |
| 12       | Montérégie              | 395     | Marcotte, Magalie        | 10:11.4 |     |    |     |       | 12                |
| 13       | Montérégie              | 392     | Aubertin, Esther         | 10:16.5 |     |    |     |       |                   |
| 14       | Saguenay-Lac-Saint-Jean | 530     | Larouche, Evelyne        | 10:20.8 |     |    |     |       | 14                |
| 15       | Laurentides-Lanaudière  | 262     | Tardif, Elsa             | 10:28.0 |     |    |     |       | 15                |
| 16       | Lac-Saint-Louis         | 299     | Frenette, Charlie        | 10:30.3 |     |    |     |       | 16                |
| 17       | Côte-Nord               | 127     | Dufour, Marilou          | 10:32.7 |     |    |     |       | 17                |
| 18       | Laval                   | 210     | McDowell, Leanne         | 10:35.0 |     |    |     |       | 18                |
| 19       | Mauricie                | 343     | Robitaille, Eve          | 10:38.5 |     |    |     |       | 19                |
| 20       | Mauricie                | 341     | Bousquet-Sangho, Maéline | 10:38.7 |     |    |     |       | 20                |
| 21       | Lac-Saint-Louis         | 300     | Hamel, Kaliyane          | 10:39.7 |     |    |     |       | 21                |
| 22       | Saguenay-Lac-Saint-Jean | 531     | Savard, Sara-Maude       | 10:40.3 |     |    |     |       | 22                |
| 23       | Côte-Nord               | 128     | Gagnon, Daphnée          | 10:43.1 |     |    |     |       | 23                |
| 24       | Lac-Saint-Louis         | 303     | Martin, Lilia            | 10:45.3 |     |    |     |       | 24                |
| 25       | Laval                   | 212     | Remtoulah, Inaya         | 10:48.0 |     |    |     |       | 25                |
| 26       | Laurentides-Lanaudière  | 260     | Lebuis, Mahée            | 10:55.5 |     |    |     |       | 26                |
| 27       | Laval                   | 211     | Meslay, Amy              | 10:57.6 |     |    |     |       |                   |
| 28       | Abitibi-Témiscamingue   | 28      | Guertin, Ellie           | 10:58.7 |     |    |     |       | 28                |
| 29       | Saguenay-Lac-Saint-Jean | 529     | Guay, Léonie             | 11:00.5 |     |    |     |       | 29                |
| 30       | Abitibi-Témiscamingue   | 29      | Perron, Logane           | 11:01.4 |     |    |     |       | 30                |
| 31       | Côte-Nord               | 125     | Cuerrier, Élianne        | 11:01.9 |     |    |     |       | 31                |
| 32       | Abitibi-Témiscamingue   | 31      | Tremblay, Lydia          | 11:02.1 |     |    |     |       | 32                |
| 33       | Lac-Saint-Louis         | 301     | Ladouceur, Gabrielle     | 11:02.3 |     |    |     |       |                   |
| 34       | Mauricie                | 340     | Ayotte, Laurence         | 11:07.5 |     |    |     |       |                   |
| 35       | Saguenay-Lac-Saint-Jean | 528     | Genest, Rosalie          | 11:10.0 |     |    |     |       | 35                |
| 36       | Côte-Nord               | 129     | Paquet, Anaève           | 11:32.5 |     |    |     |       |                   |
| 37       | Abitibi-Témiscamingue   | 32      | Tremblay, Olivia         | 11:49.0 |     |    |     |       | 37                |
| 38       | Abitibi-Témiscamingue   | 30      | Rosignol, Anais          | 13:14.9 |     |    |     |       |                   |
| 39       | Laurentides-Lanaudière  | 259     | Dessureault, Laurence    |         | ✓   |    |     |       |                   |

## RSEQ Provincial 2023

### Résultats par équipe

#### Moustique garçons

Pour chaque équipe, la ligne supérieure indique les numéros de dossards tandis que la ligne inférieure indique le pointage généré par l'athlète portant ce dossard

| Position | Équipe                           | 1   | 2   | 3   | 4   | 5 | 6 | 7 | 8 | 9 | 10 | Total |
|----------|----------------------------------|-----|-----|-----|-----|---|---|---|---|---|----|-------|
| 1        | MRG (Montérégie)                 | 399 | 400 | 397 | 401 |   |   |   |   |   |    | 22    |
|          |                                  | 3   | 5   | 6   | 8   |   |   |   |   |   |    |       |
| 2        | MAU (Mauricie)                   | 349 | 346 | 347 | 348 |   |   |   |   |   |    | 49    |
|          |                                  | 7   | 12  | 13  | 17  |   |   |   |   |   |    |       |
| 3        | LAVAL (Laval)                    | 213 | 216 | 217 | 215 |   |   |   |   |   |    | 55    |
|          |                                  | 4   | 9   | 19  | 23  |   |   |   |   |   |    |       |
| 4        | SAGLAC (Saguenay-Lac-Saint-Jean) | 534 | 536 | 532 | 535 |   |   |   |   |   |    | 75    |
|          |                                  | 2   | 18  | 21  | 34  |   |   |   |   |   |    |       |
| 5        | AT (Abitibi-Témiscamingue)       | 36  | 37  | 34  | 35  |   |   |   |   |   |    | 86    |
|          |                                  | 15  | 16  | 22  | 33  |   |   |   |   |   |    |       |
| 6        | LL (Laurentides-Lanaudière)      | 265 | 266 | 263 | 264 |   |   |   |   |   |    | 92    |
|          |                                  | 14  | 20  | 26  | 32  |   |   |   |   |   |    |       |
| 7        | EDQ (Est-Du-Québec)              | 151 |     |     |     |   |   |   |   |   |    | 109   |
|          |                                  | 1   | 36  | 36  | 36  |   |   |   |   |   |    |       |
| 8        | CN (Côte-Nord)                   | 132 | 131 | 130 | 134 |   |   |   |   |   |    | 114   |
|          |                                  | 27  | 28  | 29  | 30  |   |   |   |   |   |    |       |
| 9        | LSL (Lac-Saint-Louis)            | 305 |     |     |     |   |   |   |   |   |    | 119   |
|          |                                  | 11  | 36  | 36  | 36  |   |   |   |   |   |    |       |



## RSEQ Provincial 2023

### Résultats détaillés par équipe

#### Moustique garçons

| Position | Équipe                           | Dossard | Athlète                 | Temps   | Points | Total |
|----------|----------------------------------|---------|-------------------------|---------|--------|-------|
| 1        | MRG (Montérégie)                 | 399     | Fayette, Mael           | 8:50.9  | 3      | 22    |
|          |                                  | 400     | Naud, Alexandre         | 9:05.6  | 5      |       |
|          |                                  | 397     | Beaudoin, Joakim        | 9:06.6  | 6      |       |
|          |                                  | 401     | Turbide, Éliot          | 9:08.6  | 8      |       |
| 2        | MAU (Mauricie)                   | 349     | Thibodeau, Benjamin     | 9:08.4  | 7      | 49    |
|          |                                  | 346     | Campeau, Milan          | 9:19.4  | 12     |       |
|          |                                  | 347     | Izzi, Jacob             | 9:25.7  | 13     |       |
|          |                                  | 348     | Pages, Myckel           | 9:30.1  | 17     |       |
| 3        | LAVAL (Laval)                    | 213     | Bérubé, Clément         | 9:04.7  | 4      | 55    |
|          |                                  | 216     | Munoz Moreno, Mattias   | 9:08.9  | 9      |       |
|          |                                  | 217     | Nicu, David-Aron        | 9:30.5  | 19     |       |
|          |                                  | 215     | Girard, Zack            | 9:42.0  | 23     |       |
| 4        | SAGLAC (Saguenay-Lac-Saint-Jean) | 534     | Kemta, Yves             | 8:47.4  | 2      | 75    |
|          |                                  | 536     | Mélançon, Jacob         | 9:30.5  | 18     |       |
|          |                                  | 532     | Duguay, Oliver          | 9:33.0  | 21     |       |
|          |                                  | 535     | Larouche, Louis-Félix   | 10:29.3 | 34     |       |
| 5        | AT (Abitibi-Témiscamingue)       | 36      | Roy, Raphaël            | 9:28.8  | 15     | 86    |
|          |                                  | 37      | Sidjui, Jonas           | 9:29.6  | 16     |       |
|          |                                  | 34      | Julien, Charles-Antoine | 9:36.6  | 22     |       |
|          |                                  | 35      | Lemieux, William        | 10:18.5 | 33     |       |
| 6        | LL (Laurentides-Lanaudière)      | 265     | Richard, Justin         | 9:27.2  | 14     | 92    |
|          |                                  | 266     | Watson, Isaac           | 9:30.9  | 20     |       |
|          |                                  | 263     | Cousineau, Liam         | 9:43.8  | 26     |       |
|          |                                  | 264     | Lafond, Thomas          | 10:06.1 | 32     |       |
| 7        | EDQ (Est-Du-Québec)              | 151     | Sirois, Gabriel         | 8:14.1  | 1      | 109   |
|          |                                  |         |                         |         | 36     |       |
|          |                                  |         |                         |         | 36     |       |
|          |                                  |         |                         |         | 36     |       |
| 8        | CN (Côte-Nord)                   | 132     | Lafrance, Samuel        | 9:47.9  | 27     | 114   |
|          |                                  | 131     | Chouinard, Philippe     | 9:48.9  | 28     |       |
|          |                                  | 130     | Bouchard, Pierre-Émile  | 9:49.4  | 29     |       |
|          |                                  | 134     | Savard, Miko            | 9:53.4  | 30     |       |
| 9        | LSL (Lac-Saint-Louis)            | 305     | Laghnej, Mohamed Ali    | 9:11.8  | 11     | 119   |
|          |                                  |         |                         |         | 36     |       |
|          |                                  |         |                         |         | 36     |       |
|          |                                  |         |                         |         | 36     |       |

**RSEQ Provincial 2023**  
**Résultats individuels**  
**Moustique garçons**

| Position | Équipe                  | Dossard | Athlète                   | Temps   | ABS | PT | DSQ | Autre | Points à l'équipe |
|----------|-------------------------|---------|---------------------------|---------|-----|----|-----|-------|-------------------|
| 1        | Est-Du-Québec           | 151     | Sirois, Gabriel           | 8:14.1  |     |    |     |       | 1                 |
| 2        | Saguenay-Lac-Saint-Jean | 534     | Kemta, Yves               | 8:47.4  |     |    |     |       | 2                 |
| 3        | Montérégie              | 399     | Fayette, Mael             | 8:50.9  |     |    |     |       | 3                 |
| 4        | Laval                   | 213     | Bérubé, Clément           | 9:04.7  |     |    |     |       | 4                 |
| 5        | Montérégie              | 400     | Naud, Alexandre           | 9:05.6  |     |    |     |       | 5                 |
| 6        | Montérégie              | 397     | Beaudoin, Joakim          | 9:06.6  |     |    |     |       | 6                 |
| 7        | Mauricie                | 349     | Thibodeau, Benjamin       | 9:08.4  |     |    |     |       | 7                 |
| 8        | Montérégie              | 401     | Turbide, Éliot            | 9:08.6  |     |    |     |       | 8                 |
| 9        | Laval                   | 216     | Munoz Moreno, Mattias     | 9:08.9  |     |    |     |       | 9                 |
| 10       | Montérégie              | 398     | Bousquet, Charles Édouard | 9:10.2  |     |    |     |       |                   |
| 11       | Lac-Saint-Louis         | 305     | Laghnej, Mohamed Ali      | 9:11.8  |     |    |     |       | 11                |
| 12       | Mauricie                | 346     | Campeau, Milan            | 9:19.4  |     |    |     |       | 12                |
| 13       | Mauricie                | 347     | Izzi, Jacob               | 9:25.7  |     |    |     |       | 13                |
| 14       | Laurentides-Lanaudière  | 265     | Richard, Justin           | 9:27.2  |     |    |     |       | 14                |
| 15       | Abitibi-Témiscamingue   | 36      | Roy, Raphaël              | 9:28.8  |     |    |     |       | 15                |
| 16       | Abitibi-Témiscamingue   | 37      | Sidjui, Jonas             | 9:29.6  |     |    |     |       | 16                |
| 17       | Mauricie                | 348     | Pages, Myckel             | 9:30.1  |     |    |     |       | 17                |
| 18       | Saguenay-Lac-Saint-Jean | 536     | Mélançon, Jacob           | 9:30.5  |     |    |     |       | 18                |
| 19       | Laval                   | 217     | Nicu, David-Aron          | 9:30.5  |     |    |     |       | 19                |
| 20       | Laurentides-Lanaudière  | 266     | Watson, Isaac             | 9:30.9  |     |    |     |       | 20                |
| 21       | Saguenay-Lac-Saint-Jean | 532     | Duguay, Oliver            | 9:33.0  |     |    |     |       | 21                |
| 22       | Abitibi-Témiscamingue   | 34      | Julien, Charles-Antoine   | 9:36.6  |     |    |     |       | 22                |
| 23       | Laval                   | 215     | Girard, Zack              | 9:42.0  |     |    |     |       | 23                |
| 24       | Laval                   | 214     | Boueiri, Dani             | 9:42.8  |     |    |     |       |                   |
| 25       | Mauricie                | 345     | Assoumane, Abdoul Latif   | 9:43.4  |     |    |     |       |                   |
| 26       | Laurentides-Lanaudière  | 263     | Cousineau, Liam           | 9:43.8  |     |    |     |       | 26                |
| 27       | Côte-Nord               | 132     | Lafrance, Samuel          | 9:47.9  |     |    |     |       | 27                |
| 28       | Côte-Nord               | 131     | Chouinard, Philippe       | 9:48.9  |     |    |     |       | 28                |
| 29       | Côte-Nord               | 130     | Bouchard, Pierre-Émile    | 9:49.4  |     |    |     |       | 29                |
| 30       | Côte-Nord               | 134     | Savard, Miko              | 9:53.4  |     |    |     |       | 30                |
| 31       | Côte-Nord               | 133     | Lavoie, Justin            | 9:55.8  |     |    |     |       |                   |
| 32       | Laurentides-Lanaudière  | 264     | Lafond, Thomas            | 10:06.1 |     |    |     |       | 32                |
| 33       | Abitibi-Témiscamingue   | 35      | Lemieux, William          | 10:18.5 |     |    |     |       | 33                |
| 34       | Saguenay-Lac-Saint-Jean | 535     | Larouche, Louis-Félix     | 10:29.3 |     |    |     |       | 34                |
| 35       | Abitibi-Témiscamingue   | 33      | Goulet, William           | 11:32.3 |     |    |     |       |                   |
| 36       | Lac-Saint-Louis         | 304     | Godard, Charles           |         | ✓   |    |     |       |                   |
| 37       | Saguenay-Lac-Saint-Jean | 533     | Gauthier, Clovis          |         |     |    | ✓   |       |                   |